



Opportunities to meet others looking after a family member or friend

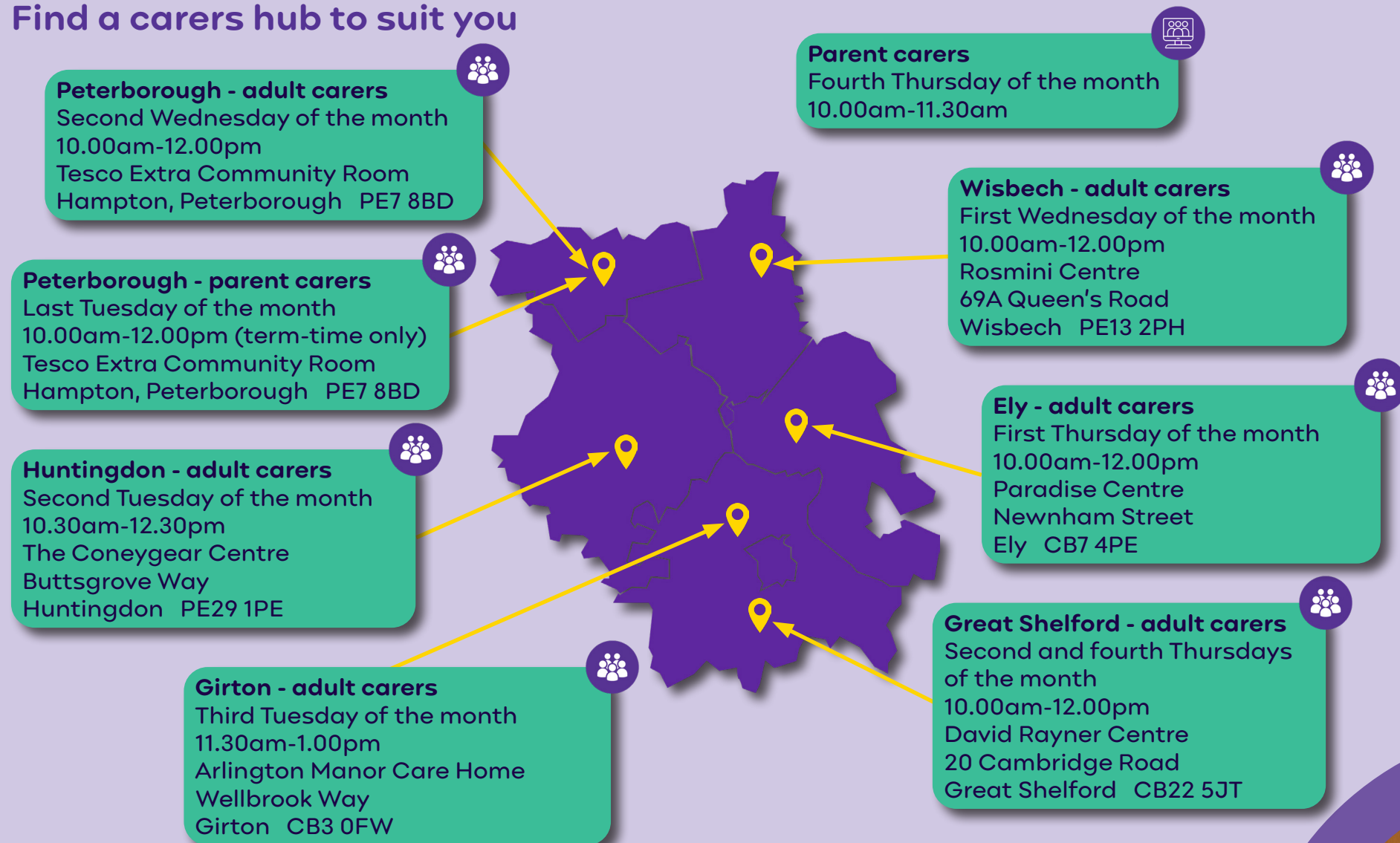
Support for unpaid carers across Cambridgeshire and Peterborough



caringtogether.org

You can meet with other people looking after a family member or friend

Find a carers hub to suit you



Our carers hubs offer opportunities for you to meet other unpaid carers, have peer-to-peer support or professional support from one of our advisors, enjoy relaxing activities and hear from local speakers. You are welcome to attend with the person you look after.

There is no cost to join a carers hub and refreshments are provided.



Face-to-face



Online



How you can receive support

Caring Together Charity offers in-person support opportunities for unpaid carers across Cambridgeshire and Peterborough, including our carers hubs, trips/activities and carer learning sessions. We also visit other carers' groups and events for carers where we can provide you with support and information.

Our programme of learning opportunities for adult carers and parent carers enables you to feel more confident in your caring role. Sessions are a mixture of in-person, face-to-face and online. There are a range of session lengths from short, bite-sized topics to longer part-day sessions, so there should be something to suit all.

Contact us to find out more about any of these opportunities.

Interested in joining us?

Sign up to inside news, our regular email newsletter, at caringtogether.org/keepintouch to stay updated on everything that is happening and be the first to know about trips and activities.

Please contact us before going to a carers hub as dates and venues can change, including due to trips being held.

Caring Together Charity
L D H House
Parsons Green
St Ives
Cambridgeshire
PE27 4AA

0345 241 0954
hello@caringtogether.org
caringtogether.org

Registered charity number 1091522.

Caring Together Charity is a company limited by guarantee.

Registered in England and Wales number 4379948.

All information correct at time of printing but subject to change at any time.

© 2023 Caring Together Charity

Ver 3.1 Oct 2023 Review Apr 2024