

# Volunteer role profile

Role	Young carers volunteer
Location	Huntingdon, St Ives and Peterborough
Responsible to	Dependent on area
Level of DBS check needed	Enhanced DBS check
Start date	Flexible

## **About Caring Together**

Three in five of us will become a carer at some point in our life. Caring Together is an ambitious regional charity that provides emotional and practical support, advice and guidance to carers of all ages and their families, as well as opportunities to take a break from their caring role.

## Our people

We employ around 150 people with approximately 50% of those delivering homecare in local communities. We are supported by a growing number of volunteers who contribute their time to our work.

## Summary of the role

We are looking for amazing people to help support at our young carer groups, trips, and workshops. If you are fun, outgoing, supportive, have a good sense of humour and want to help enrich the lives of young carers we would love for you to join our team.

## Where you will be based

The groups are based in Huntingdon, St Ives and Peterborough. Trips and activities are held in the school holidays in various locations.

## What you will do

- Assist session leads at groups, workshops, trips, and activities.
- Help set up/tidy up at groups.
- Support session leads in supervising young carers and ensuring they are safe at all times.

- Participate, support and encourage young carers to get involved in activities.
- Offer support to young carers in a group setting.
- Work closely with staff members and be a part of a team.
- Be able to join online sessions via Zoom and have a good internet connection.
- Attend occasional day events run for the young carers.
- Be willing to travel across the county to join groups/trips.
- Ensure personal and collective respect for another person's reasonable rights to privacy particularly over issues about and arising from their role as a young carer.
- Work to Caring Togethers policies, procedures and codes of practice, including disciplinary, grievance procedures and safeguarding of children.

## Your commitment

- To attend regular supervision and meetings regarding the young carers groups, as required.
- To work alongside other young carers organisations locally and other Carers Trust young carers projects, as required.

## Benefits to the volunteer

- Gaining new skills, both practically and personally.
- The satisfaction of knowing you are making an important and valued difference to someone's life/the work of Caring Together.
- Meeting new people and be part of a friendly team.
- Gaining valuable experience in the social care field within a voluntary organisation.

## Our commitment to you

- The opportunity to use and enhance your existing skills and develop new, transferable skills.
- Reimbursement of reasonable travel expenses.

#### What we need from you

• Enhanced DBS check (cost covered by Caring Together).

#### **Skills and experience**

- Good communication skills.
- Enthusiastic.

- Friendly and enjoy meeting and supporting people.
- Committed, reliable and trustworthy.

While we have listed the key skills for this volunteering role, we are always willing to discuss the role with you to explore your skills and ideas and match them to our needs. Please do get in contact if you wish to discuss this further.

# Get in touch

If you think this opportunity could be for you, please call 07843 327485 or email volunteers@caringtogether.org

Caring Together is committed to safeguarding and promoting the welfare of vulnerable adults and children and expects staff and volunteers to share this commitment.

We are inclusive. We celebrate multiple approaches and points of view. We are an equal opportunities employer and expect staff to respect the personal choice and lifestyles of colleagues, carers, and people with care needs.