

## Volunteer role profile

<b>Role</b>	Parent carer hubs volunteer
<b>Location</b>	Cambridgeshire and Peterborough
<b>Responsible to</b>	Carole Darlow, parent carer lead
<b>Level of DBS check needed</b>	Enhanced
<b>Start date</b>	ASAP

## About Caring Together

Three in five of us will become a carer at some point in our life. Caring Together is an ambitious regional charity that provides emotional and practical support, advice and guidance to carers of all ages and their families, as well as opportunities to take a break from their caring role.

## Our people

We employ around 150 people with approximately 50% of those delivering homecare in local communities. We are supported by a growing number of volunteers who contribute their time to our work.

## Summary of the role

Working alongside a carer advisor in the communities team supporting parent carers at hubs, trips and online workshops/groups.

## Where you will be based

Cambridgeshire and Peterborough plus face-to-face sessions and virtual (Zoom/Teams) sessions.

## What you will do

- To assist our parent carer lead at workshops, trips, and hubs.
- Help set up/tidy up after groups.
- Participate and support parent carers during sessions under the guidance of the group lead.
- To work closely with other staff members and be part of a team.
- To ensure personal and collective respect for another person's reasonable rights to privacy - particularly over issues about and arising from their role as a parent carer.

- To work to Caring Together's codes of practice, including disciplinary, grievance procedures and adult and child protection.

### **Your commitment**

- Carrying out the role in accordance with Caring Together policies.
- Reporting any concerns about the service or service users immediately to your link supervisor.
- A Tuesday morning (10.00am-12.00pm) in Peterborough once a month (fourth Tuesday of each month).
- A Thursday morning (10.00-11.30am) once a month for online hub (fourth Thursday of each month).
- Ad hoc trips and workshops.

### **Benefits to the volunteer**

- Gaining new skills, both practically and personally.
- The satisfaction of knowing you are making an important and valued difference to someone's life/the work of Caring Together.
- Meeting new people and be part of a friendly team.
- Gaining valuable experience in the social care field within a voluntary organisation.

### **Our commitment to you**

- The opportunity to use and enhance your existing skills and develop new, transferable skills.
- Reimbursement of reasonable travel expenses.

### **Skills and experience**

- A desire to make a difference to people's lives.
- Like working as part of a team.
- Be approachable and non-judgemental.
- Enthusiasm.
- Be friendly and enjoy meeting and supporting people.
- Good verbal/written communication skills.
- Good listening and conversation skills.
- Be committed, reliable and trustworthy.
- Be understanding and respectful.
- An ability to demonstrate patience and sensitivity.

## **Get in touch**

If you think this opportunity could be for you, please call 07843 327485 or email [volunteers@caringtogether.org](mailto:volunteers@caringtogether.org)

Caring Together is committed to safeguarding and promoting the welfare of vulnerable adults and children and expects staff and volunteers to share this commitment.

We are inclusive. We celebrate multiple approaches and points of view. We are an equal opportunities employer and expect staff to respect the personal choice and lifestyles of colleagues, carers, and people with care needs.