

Volunteer role profile

Role	Day club volunteer
Location	March day club
Responsible to	Amy Edwards, care professional
Level of DBS check needed	Enhanced (adult workforce)
Start date	ASAP

About Caring Together

Three in five of us will become a carer at some point in our life. Caring Together is an ambitious regional charity that provides emotional and practical support, advice and guidance to carers of all ages and their families, as well as opportunities to take a break from their caring role.

Our people

We employ around 150 people with approximately 50% of those delivering homecare in local communities. We are supported by a growing number of volunteers who contribute their time to our work.

Summary of the role

Part of a staff and volunteer team, this volunteer role supports the running of the day club and allows more interaction with individuals who attend. These sessions help to make a huge difference to people's lives and we'd love you to support the work that we do.

Where you will be based

March, Cambridgeshire.

What you will do

Welcome and support people who attend the day club.

Help to make and serve refreshments (teas, coffees and biscuits, etc.) and help to prepare the lunch meal provided, if needed, including help to clear up and ensure that the environment is safe and clean.

Set-up and participate in activities such as word games, brain games, indoor physical games and arts and crafts to interest and stimulate those who

attend, helping to ensure that everyone is engaged as much as possible in a safe and friendly environment.

You may also like to chat to individuals on a one-to-one basis.

The role does not include providing personal care.

Your commitment

- Carrying out the role in accordance with Caring Together policies.
- Reporting any concerns about the service or service users immediately to your link supervisor.
- A willingness to attend training and supervision/support meetings as agreed.
- A commitment to contact your link supervisor at the earliest opportunity, should you find that you are unable to attend as planned.
- We would ideally like you to volunteer once a month. The day club runs every week on a Monday and Tuesday. We currently need volunteers to help on a Tuesday from 10.00am until 1.30 pm. We welcome offers of support for the whole day or mornings/afternoons, or we are happy to discuss options.

Benefits to the volunteer

- Gaining new skills, both practically and personally.
- The satisfaction of knowing you are making an important and valued difference to someone's life/the work of Caring Together.
- Meeting new people and be part of a friendly team.
- Gaining valuable experience in the social care field within a voluntary organisation.

Our commitment to you

- The opportunity to use and enhance your existing skills and develop new, transferable skills.
- Reimbursement of reasonable travel expenses.

What we need from you

- Enhanced DBS check (cost covered by Caring Together).

Skills and experience

No experience of working with older people in a similar role is needed but we expect that you will have the following:

- A desire to make a difference to people's lives.
- Like working as part of a team.
- Be approachable and non-judgemental.
- Enthusiasm.
- Be friendly and enjoy meeting and supporting people.
- Good verbal/written communication skills.
- Good listening and conversation skills.
- Be committed, reliable and trustworthy.
- Be understanding and respectful.
- An ability to demonstrate patience and sensitivity.

Whilst we have listed the key skills for this volunteering role, we are always willing to discuss the role with you to explore your skills and ideas and match them to our needs and to the team.

Get in touch

If you think this opportunity could be for you, please call 07843 327485 or email volunteers@caringtogether.org

Caring Together is committed to safeguarding and promoting the welfare of vulnerable adults and children and expects staff and volunteers to share this commitment.

We are inclusive. We celebrate multiple approaches and points of view. We are an equal opportunities employer and expect staff to respect the personal choice and lifestyles of colleagues, carers, and people with care needs.