

Volunteer role profile

Role	Day club volunteer
Location	Brampton
Responsible to	Emma Savage, care professional
Level of DBS check needed	Enhanced
Start date	ASAP

About Caring Together

Three in five of us will become a carer at some point in our life. Caring Together is an ambitious regional charity that provides emotional and practical support, advice and guidance to carers of all ages and their families, as well as opportunities to take a break from their caring role.

Our people

We employ around 150 people with approximately 50% of those delivering homecare in local communities. We are supported by a growing number of volunteers who contribute their time to our work.

Summary of the role

Our day club gives respite to family carers by providing a day of companionship and safe and stimulating activities for older people with varying disabilities, including dementia.

Part of a staff and volunteer team this volunteer role supports the running of the day club and allows us to offer more interaction with individuals who attend. These sessions help to make a huge difference to people's lives.

Where you will be based

Brampton, Cambridgeshire.

What you will do

- Welcoming and supporting people who attend the club.
- Helping to make and serve refreshments (tea, coffee and biscuits) and helping at lunchtime, including to clear up.

- Setting up and participating in activities such as games, arts and crafts to interest and stimulate those who attend, to ensure that everyone is engaged as much as possible in a safe and friendly environment.

Your commitment

- Carrying out the role in accordance with Caring Together policies.
- Reporting any concerns about the service or service users immediately to your link supervisor.
- The day club runs once a month on a Thursday and so ideally, we need volunteers to help from 9.00am until 3.00 pm. We welcome offers of support for the whole day or mornings/afternoons, or we are happy to discuss options.
- A willingness to attend training and supervision/support meetings as agreed.

Benefits to the volunteer

- Gaining new skills, both practically and personally.
- The satisfaction of knowing you are making an important and valued difference to someone's life/the work of Caring Together.
- Meeting new people and being part of a friendly team.
- Gaining valuable experience in the social care field within a voluntary organisation.

Our commitment to you

- The opportunity to use and enhance your existing skills and develop new, transferable skills.
- Reimbursement of reasonable travel expenses.

What we need from you

- Enhanced DBS. If you don't have one, we will provide one for you.

Skills and experience

- A desire to make a difference to people's lives.
- Like working as part of a team.
- Be approachable and non-judgemental.
- Enthusiasm.
- Be friendly and enjoy meeting and supporting people.
- Good verbal/written communication skills.
- Good listening and conversation skills.

- Be committed, reliable and trustworthy.
- Be understanding and respectful.
- An ability to demonstrate patience and sensitivity.
- No experience of working with older people in a similar role is needed.

Get in touch

If you think this opportunity could be for you, please call 07843 327485 or email volunteers@caringtogether.org

Caring Together is committed to safeguarding and promoting the welfare of vulnerable adults and children and expects staff and volunteers to share this commitment.

We are inclusive. We celebrate multiple approaches and points of view. We are an equal opportunities employer and expect staff to respect the personal choice and lifestyles of colleagues, carers, and people with care needs.