

Mental Health and Families

A chance to improve our skills in supporting family members with mental health conditions

One Course with 2 Workshops at Storey's Field Centre, Eddington Avenue, Cambridge, CB3 1AA

Session 1: Tuesday 23rd May 2023, 2pm - 5pm
Learning from Professionals

Presentations by:

- Dr Emilio Fernandez Consultant Psychiatrist Psychosis Service CPFT
- Dr Pamela Peters Consultant Psychiatrist Personality Disorder Community Service CPFT

Session 2: Monday 12th June 2023, 2pm - 5pm
Learning from Each Other

Presentation by Jonathan Wells Rethink Carer Support.
Sharing our expertise in small groups.

For the families and friends of people with mental health conditions. People with mental health conditions, other carers and professionals also welcome.

Free event. Refreshments included.

To find out more or book contact
Jonathan Wells Rethink Carer Support
Call **07342 691768**
Email jfgwells57@gmail.com



Organised by Rethink Carer Support Cambridgeshire and Peterborough.

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