



Opportunities to meet others looking after a family member or friend

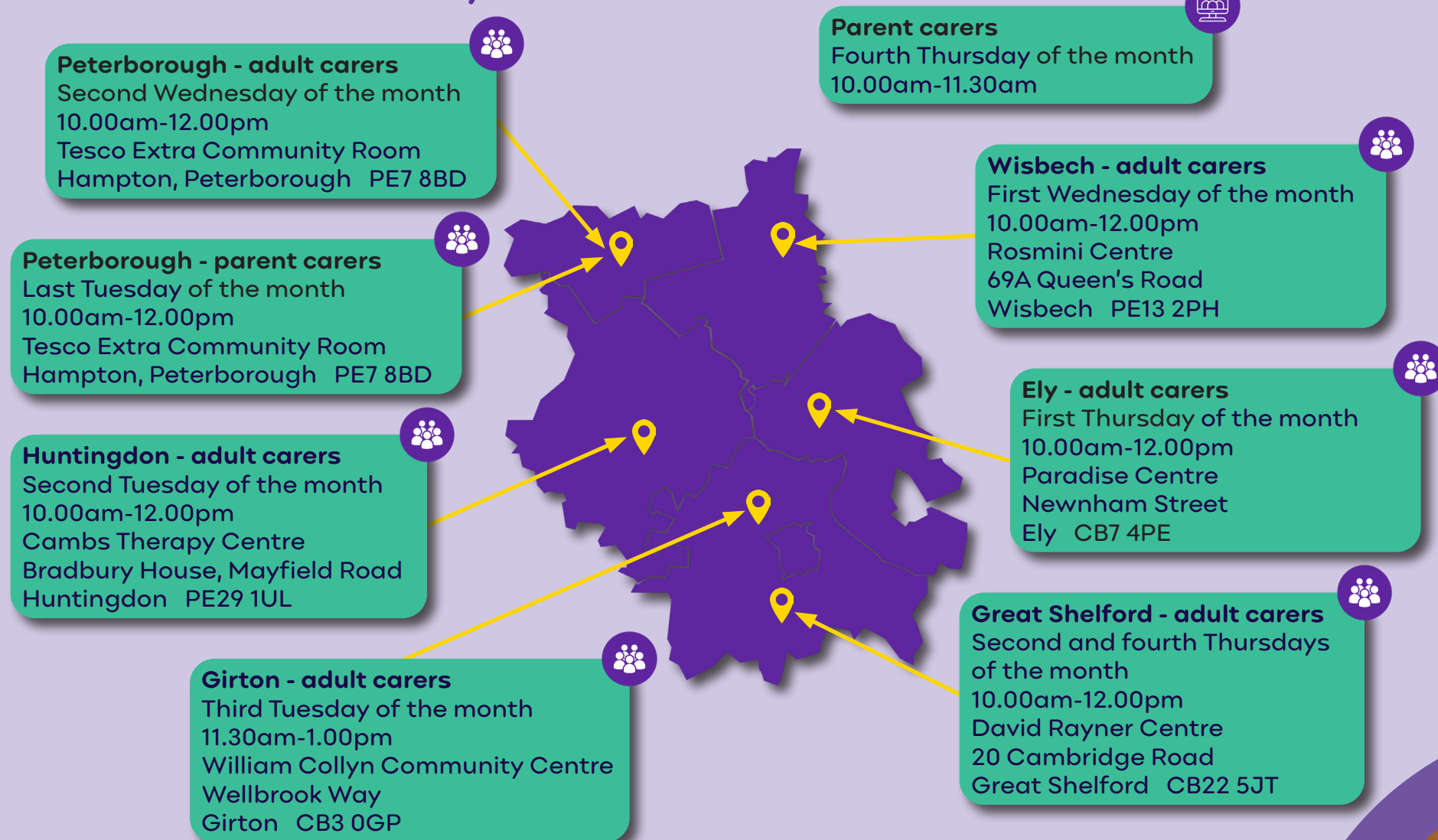
Support for unpaid carers across Cambridgeshire and Peterborough



caringtogether.org

You can meet with other people looking after a family member or friend

Find a carers hub to suit you



Our carers hubs offer opportunities for you to meet other unpaid carers, have peer-to-peer support or professional support from one of our advisors, enjoy relaxing activities and hear from local speakers.

There is no cost to join a carers hub and refreshments are provided.



Face-to-face



Online



How you can receive support

Caring Together offers in-person support opportunities for unpaid carers across Cambridgeshire and Peterborough, including our carers hubs, trips/activities and carer learning sessions. We also visit other carers' groups and events for carers where we can provide you with support and information.

Our programme of learning opportunities for adult carers and parent carers enables you to feel more confident in your caring role. Sessions are a mixture of in-person, face-to-face and online. There are a range of session lengths from short, bite-sized topics to longer part-day sessions, so there should be something to suit all.

Contact us to find out more about any of these opportunities.

Interested in joining us?

Sign up to inside news, our regular email newsletter, at caringtogether.org/keepintouch to stay updated on everything that is happening and be the first to know about trips and activities.

Please contact us before going to a carers hub as dates and venues can change, including due to trips being held.

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