



Travel Companions

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Would you like to feel more confident
getting out and about?
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Our Travel Companions can help you

Through FREE sessions delivered safely from your home and beyond, we can help you feel more confident and comfortable making trips around your local area.

You'll be paired up with your own Travelling Companion who can accompany you on any type of journey - whether it's by foot, public transport, taxi or even bike - and will help you build the confidence you need to travel independently. Simply give us a call or email us, and we'll connect you with your local Travelling Companion.



Contact Us

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Registered Charity No: 1077097

