

Young carers supporting parents with mental illness

Young Carers
Research, Policy +
Practice Forum

Mon 10 October 2022
1 - 2.30pm on Zoom

For World Mental Health Day, come and join us as we look at the specific challenges faced by children who support a parent with a mental health difficulty.

Presentations will look at the individual impact, as well as the potential economic cost of not supporting this group.

Most importantly, it will provide an opportunity to learn about interventions to support these young people and discuss what can be done in your local area and nationally to improve identification and support.



Book your place on eventbrite

[Click here to book](#)

🌐 youngcarersalliance.org | ourtime.org.uk
✉ youngcarersalliance@caringtogether.org
📍 @YCAlliance | @ourtimecharity

 **Caring Together**
so that carers have choices

 **Our Time**
for children of parents
with a mental illness

 **Young Carers Alliance**