QUICK GUIDE

Setting up a group for Young Carers in your school
Questions to answer before starting!
- Who has the lead for Young Carers at your school?
- What does your school’s Young Carers’ policy say about these children and how they will be supported to achieve academically?
- Who will be responsible/accountable for any group that is set up? You will need at least 2 members of staff to cover absences, etc.
- What is the budget to run this group?
- Refreshments, activities, resources.
- What are the aims and objectives of the group?

Practicalities
- How will young carers be involved in setting up the group, and in any future development? (see ‘Involving young carers’ section below).
- How will you measure the impact of the group? For example, improvement in attendance, increase in self-confidence, increase in self-esteem, improved resilience, achieving educationally.
- When and where will it run? Over lunchtime or after school.
- How often? How long? Is it a safe and private space?
- What is the intended culture of the group?
- Will there be access to a phone?
- How and where will you advertise the group? See the poster included with this guide.

Involving young carers
- How will you consult them prior to set up?
- What do they want/need from the group?
- When, where, how often, how long, etc?

Other resources

WSCC YOUNG CARERS SERVICE
- Identifying and supporting young carers in school: a learning resource for staff and students.
  http://schools.westsussex.gov.uk/Page/7645

CARERS TRUST
- Supporting young carers in School: an Introduction for primary and secondary school staff.

RESEARCH
Find famous people who have had a young carer role and display pictures of them in your school.

Jade Ewan is a singer/songwriter, who used to be in the girl group Sugababes, and used to be a young carer for her mum and dad.

Both myself and two Leaders of Year and Student Managers have looked at the guide and posters and think they are both informative and factual.

Assistant Headteacher
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You can download this document and other Young Carers resources at http://schools.westsussex.gov.uk/Page/7645