

Be Less Stressed Through Art Course in Cambridgeshire

These courses will be delivered in partnership with Cambridgeshire Skills



Join our “Be Less Stressed through Art” taster and course and learn how art can reduce stress levels through art activities, art appreciation and relaxation techniques.

Start: 28/04/2022
Thursdays 6pm via Zoom
Course fee: FREE

To enrol on the taster and/or course please quote the course reference C2228806 or C2228807 either online at wea.org.uk or by ringing 0300 303 34 64



CAMBRIDGESHIRE & PETERBOROUGH
COMBINED AUTHORITY



European Union
European Social Fund



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BE LESS STRESSED

Keep up to date with our courses: <https://www.wea.org.uk/cambridgeshire>

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