

# Young Carer Representative

## Young Carer Representative Role and Person Specification

At Centre 33 we believe that all young carers have the right to: education, emotional support, respite and to have their voice heard.

In 2020 we established our Young Carers Advisory Board. The Young Carers who sit on that board are called 'Young Carer Representatives.'

Young Carers from Cambridgeshire & Peterborough are invited to apply to take part in the Advisory Board, no experience is necessary, but the team are looking for young people who have lived experience of being a young carer.

A young carer is a child or young person under the age of 18 who provides emotional and/or physical care to a loved one. This could be due to a disability, illness, poor mental health, drug or alcohol addiction.

We want to hear from young carers on what services and support Centre 33 can create with its partners to make Cambridgeshire & Peterborough a great place for all young carers.

The Youth Carers Advisory Board will work directly with the Centre 33 and have a genuine influence in not only shaping but creating real change for the better!

### **What will you have to do?**

Attend meetings and workshops with other members of the Advisory Board where you will share ideas, review the activity and output of Board. There will be separate meetings and opportunities depending on your age, we split the groups into Primary and Secondary ages.

### **Qualifications**

- Be aged 18 or under
- Live within Cambridgeshire or Peterborough
- Be a young carer
- Have some ideas that you would like to share
- Be passionate about helping to make Cambridgeshire & Peterborough a better place for young carers.

### **Knowledge and Experience**

- Ability to work well with others
- Be reliable and dependable
- Possess a positive, helpful attitude
- Be passionate about the opportunities available to young carers

### **What will you get?**

- Training and support to be a great Young Carers Representative
- Opportunities to shape and influence local services
- Opportunities to attend meetings and events (online with some face-to-face if possible) with young carers from all over Cambridgeshire & Peterborough
- A recommendation for your CV
- Invitations to our holidays, trips and activities

### **How do you apply?**

Centre 33 are managing the application process and will be supporting the Advisory Board.

Please complete this short application form which asks you to tell us a little about yourself and asks you to answer these three questions:

- What 3 things do you think young carers under the age of 18 need the most?
- Why do you want to join the Advisory Board?
- What do you think you can bring to the Advisory Board?

You can contact us via [becca@centre33.org.uk](mailto:becca@centre33.org.uk) if you have any questions or need support with the form.

### **Purpose / role**

The broad purpose of the group is to work closely with the Centre 33 to support the development of services and support available to young carers living in Cambridgeshire & Peterborough.

The core aims/ responsibilities of the group are to:

- To support the thinking and development of the young carer's services and support, specifically supporting each of the key areas – Health, Education, Early Help & Social Care and Mental Health.
- To share relevant information, and personal experiences to support the work of the group.
- To advocate for the work of the group and support with external communication, events and activities to promote the young carers
- Support any evaluation and ongoing development of the Young Carers Advisory Board

### **Membership**

Centre 33 will run an open recruitment session and recruit young carers to join the Young Carers Advisory Board. Young carers will be selected based on their availability to contribute to the Board and their enthusiasm for the Board and to influence positive changes for young carers across Cambridgeshire & Peterborough.

The Young Carers Advisory Board will be representative of all young carers living in Cambridgeshire & Peterborough.

### **Resourcing**

Centre 33 will be ultimately responsible for the Young Carers Advisory Board. Including the administration, support, and coordination of the Young Carers Advisory Board, we will assure Safeguarding and GDPR requirements are met and act as a first point of contact for the Young Carers Representatives.

### **Engagement details**

- The Young Carers Advisory Board will have a minimum of 4 official meetings per year and 5 training sessions
- The Youth Carers Advisory Board may be asked to provide responses and feedback to Centre 33 and its partner organisations
- The Young Carers Advisory Board may be asked to take an active role in activities of the Young Carers Project, which may require additional time and meetings
- The Youth Carers Advisory Board may be asked to support with media and promotional activity

### **Review**

Centre 33 will review the activity and role of the Young Carers Representatives & Young Carers Advisory Board at the end of each year.