



Carer Friendly Tick Award - Health

How the Carer Friendly Tick Award quality standards came about

Caring Together operates a young carers awareness-raising project across Norfolk, known as Norfolk Young Carers Forum. For more information about the Norfolk Young Carers Forum (NYCF) visit

www.caringtogether.org/support/norfolk-young-carers-forum

From the very beginning, one of the aims of NYCF has been to work to improve awareness of, and support for young carers and young adult carers.

Based on feedback from young carers, the Forum members worked to write the **Carer Friendly Tick quality standards for Education**.

These five standards are drawn directly from the voices of young carers and have then been consulted on with workers and professionals. We would like to acknowledge the great work of the NYCF members in making these standards possible.

Following on from the success of this award, we are now extending it to cover other settings.

Whilst ensuring that the standards work for health settings, they are based entirely on the core principles created by the young carers from NYCF.

The **Carer Friendly Tick Award – Health** is intended to be simple to understand and implement - it takes only a few steps but makes a real difference for carers.

The **Carer Friendly Tick Award – Health** is designed to provide organisations with an emphasis on local and relevant standards which young carers, young adult carers and adult carers feel are necessary to ensure they are easily identified and properly supported when they are involved with a health setting. These standards can then be built on to work towards any national model of best practice such as Triangle of Care and NHS England's quality markers.

If your organisation would be interested in working towards the **Carer Friendly Tick Award for Health**, please email carerfriendlytick@caringtogether.org with the subject title 'Carer Friendly Tick Award – Health' or contact us on 01480 499090.



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Have a named member of your organisation/team as a champion for carers

Have a carers' agreement developed to help identify and support carers

Cover issues relating to carers in staff training and staff meetings

Display information about carers, as well as projects that support them locally

Raise awareness in Carers Week and on Young Carers Action Day and Carers Rights Day

Once you meet the above standards, you will receive the
'Carer Friendly Tick Award – Health'