

Take a break volunteer – East Cambridgeshire

Who we are

Three in five of us will become a carer at some point in our life. Caring Together is a regional charity working in Cambridgeshire, Peterborough and Norfolk. We provide information and advice, run services in our local communities and campaign for carers' rights so that carers have choices.

What we are looking for

Volunteers who are willing to support carers within the East Cambridgeshire community by providing companionship to people being cared for, allowing carers to take breaks.

Where will I be based?

The project is within East Cambridgeshire (Ely, Haddenham, Littleport, Soham, etc).

Start date

1 April 2021

Your commitment

- As much or as little as you choose. Ideally with a minimum commitment of six months.
- Agreement to follow Caring Together's guidance, policy and procedures.
- Agreement to keep up to date and follow local COVID-19 guidance.

Our commitment to you

- Full and comprehensive training.
- Regular debriefing and on-going support.
- Opportunity to use and enhance your existing skills and develop new, transferable skills.
- Satisfaction of knowing you are making an important and valued difference to someone's life and the work of Caring Together.
- Meet new people and be part of a friendly team.
- Gain valuable experience in the social care field within a voluntary organisation.
- Reimbursement of reasonable travel expenses.
- Provision of mobile phone.

Skills and experience

- A desire to make a difference to people's lives.
- Empathy with issues relating to carers.
- Non-judgemental.
- Friendly and enjoy meeting and supporting people.
- Good listening and conversation skills.

Whilst we have listed the key skills for this volunteering role, we are always willing to discuss the role with you to explore your skills and ideas and match them to our needs – please do get in contact if you wish to discuss this further.

What we need from you

Enhanced DBS check (cost covered by Caring Together).

Other important information

Due to the current COVID-19 restrictions there is an attached list of dos and don'ts associated with this role. These will be continuously updated depending on government guidance and will be discussed with you during the induction process.

Get in touch

If you think this opportunity could be for you, please call 01480 499090 or email volunteers@caringtogether.org

About Caring Together

Caring Together is committed to safeguarding and promoting the welfare of vulnerable adults and children and expects staff and volunteers to share this commitment.

We are inclusive. We celebrate multiple approaches and points of view. We are an equal opportunities employer and expect staff and volunteers to respect the personal choice and lifestyles of colleagues, carers, and people with care needs.