

# March 2020 events

Mon 2 **Peterborough** Crocus Café 10am-12pm (p 34).

**St Ives** Love to Move & Norris Museum Reminiscence Group 1.30pm-3.30pm (p 19).

**Peterborough** Stroke Association Survivors & Carers Support Group Sainsbury's Café, Bretton Centre 11am-12.30pm 01572 757087 [hannah.rushton@stroke.org.uk](mailto:hannah.rushton@stroke.org.uk)

Tues 3 **Peterborough** Alzheimer's Society Open Carers Group 10.30am-12pm (p 36).

**Sawtry** Love to Move 11am-12pm (p 19).

**Fordham** CPFT Dementia Carers Lunch 12.30pm-2.30pm (p 37).

**Cambridge - Milton** Parkinson's Bring & Share Lunch 12.30pm-3pm (p 39).

**Huntingdon** Healthwatch Cambridgeshire and Peterborough Huntingdonshire Health and Care Forum Huntingdon Library 2pm-4pm 0330 355 1285 [enquiries@healthwatchcambspboro.co.uk](mailto:enquiries@healthwatchcambspboro.co.uk) (p 10).

**Cambridge** CPFT Dementia Friendly Drop-In 2.30pm-4pm (p 37).

Wed 4 **Brampton** Brampton Reconnect Social Group 10am-12pm (p 35).

**St Ives** Reminiscence at The Norris Museum 10.30am-11.30am (p 37).

**March** Parkinson's Support Group 10.30am-12.30pm (p 39).

**Huntingdon** Alzheimer's Society information stand Hinchingsbrooke Hospital 10.30am-2pm (p 36).

**Peterborough** Stanground Dementia Café Sue Ryder Stanground Café 11am-1pm Penny Fisher 01733 350564.

**St Ives** Parkinson's Support Group 2pm-4pm (p 39).

**Huntingdon** Rethink Carer Support Group 7.30pm-9.30pm (p 42).

Thur 5 **St Ives** Pinpoint annual conference 10am-2pm (p 19).

**Peterborough** Guide Dogs Peterborough VI Forum RNIB, Midgate House, Midgate, Peterborough 'Getting out and about' living with sight loss Bernie Reddington and My Guide 11am-1pm 0345 130 0223.

**Yaxley** Care Network Lunch Club 12pm-1.30pm (p 32).

**Huntingdon** Love to Move 1.30pm-3.30pm (p 19).

**March** Breathe Easy Fenland Support Group 2pm-4pm (p 41).

**Peterborough** Love to Move 2.15pm-3.45pm (p 19).

**Peterborough** Caring Together Family carers hub 2.30pm-4.30pm (p 13).

Fri 6 **Girton** Cambridge South Rotary Club Memory Café 10am-12pm (p 37).

**Peterborough** Alzheimer's Society Open Minds Group 2pm-3.30pm (p 36).

Sat 7 **Little Paxton** Simply Saturday 12.30-2.30pm (p 33).

Mon 9 **St Ives** Memory Lane Singing Café Burleigh Hill Community Centre, Constable Road PE27 3EQ 1.30pm-3.30pm.

**Sawtry** Chatterbox Family Carers Drop-In 2.15pm-4.15pm (p 33).

Tues 10 **Burwell** Burwell Drop-In 10am-12pm (p 34).

**Peterborough** Alzheimer's Society Open Carers Group 10.30am-12pm (p 36).

Wed 11 **Brampton** Love to Move 10.30am-12pm (p 19).

**Peterborough** Family Voice Peterborough Themed Caribbean parent carer session with participation opportunities on preparing for adulthood 10.30am-2pm (p 31).

**Peterborough** Stanground Dementia Café Sue Ryder Stanground Café 11am-1pm Penny Fisher 01733 350564.

**Ramsey** Parkinson's Support Group 2pm-4pm (p 39).

Thur 12 **Cambridge - Great Shelford** Caring Together Family carers hub 10am-12pm (p 35).

**Ely** Ely Dementia Group 10am-12pm (p 34).

**Huntingdon** Love to Move 1.30pm-3.30pm (p 19).

**Peterborough** Alzheimer's Society Dementia Café Dementia Resource Centre 2.15-3.45pm (p 36).

Fri 13 **Peterborough** Alzheimer's Society Open Minds Group 2pm-3.30pm (p 36).

Mon 16 **St Ives** Love to Move & Norris Museum Reminiscence Group 1.30pm-3.30pm (p 19).

**Ramsey** Caring Together Family carers hub 10am-1pm (p 13).

**Wisbech** Positively Parkinson's Café 10.30am (p 38).

We strongly advise you to call or email the organiser before attending any group or event as details do change and we aren't always notified.

**Peterborough** Stroke Association Survivors & Carers Support Group Sainsbury's Café, Bretton Centre 11am-12.30pm 01572 757087 [hannah.rushton@stroke.org.uk](mailto:hannah.rushton@stroke.org.uk)

**St Neots** Parkinson's Support Group 2pm-4pm (p 39).

**St Ives** Young Onset Dementia Group 3-5pm (p 34).

**Tues 17 Cambridge** Caring Together Family carers hub 10am-12pm (p 13).  
**Peterborough** Alzheimer's Society Open Carers Group 10.30am-12pm (p 36).  
**Sawtry** Love to Move 11am-12pm (p 19).  
**Ely** Parkinson's Support Group 2.30pm-4.30pm (p 39).

**Wed 18 Wisbech** Caring Together Family carers hub 10am-1pm (p 13).  
**St Ives** Reminiscence at The Norris Museum 10.30am-11.30am (p 37).  
**Brampton** Love to Move 10.30am-12pm (p 19).  
**Peterborough** Stanground Dementia Café Sue Ryder Stanground Café 11am-1pm Penny Fisher 01733 350564.  
**Hail Weston** Rotary Club Carers Coffee Club 2pm-3.30pm (p 35).

**Thur 19 Burwell** Burwell Carers Group 9.45am-12.15pm (p 33).  
**March** Alzheimer's Society information stand March Library 10.30am-12.30pm (p 36).  
**Huntingdon** Love to Move 1.30pm-3.30pm (p 19).  
**Peterborough** Love to Move 2.15pm-3.45pm (p 19).

**Fri 20 St Ives** MS Society Carer's Spring Lunch The Glass Room, The Golden Lion Hotel PE27 5AL 12.30-3.00pm email [cambridge@mssociety.org.uk](mailto:cambridge@mssociety.org.uk) to book. All family carers/ex-carers of those with any neurological condition welcome.  
**Peterborough** Alzheimer's Society Open Minds Group 2pm-3.30pm (p 36).

**Mon 23 St Ives** Love to Move & Norris Museum Reminiscence Group 1.30pm-3.30pm (p 19).  
**Sawtry** Chatterbox Family Carers Drop-In 2.15pm-4.15pm (p 33).

**Tues 24 Burwell** Burwell Drop-In 10am-12pm (p 34).  
**Whittlesey** Alzheimer's Society information stand Whittlesey Library, 10am-12pm (p 36).

**Peterborough** Alzheimer's Society Open Carers Group 10.30am-12pm (p 36).

**Wed 25 Peterborough** Alzheimer's Society Dementia support at Gladstone Connect Allama Iqbal Centre, 157 Cromwell Road, Peterborough PE1 2EL 10am-12pm (p 36).  
**Brampton** Love to Move 10.30am-12pm (p 19).  
**Cambridge** Alzheimer's Society information stand Addenbrooke's Hospital (food concourse) 10.30am-2pm (p 36).  
**Peterborough** Stanground Dementia Café Sue Ryder Stanground Café 11am-1pm Penny Fisher 01733 350564.  
**Cambridge** Rethink Carer Support Group 7.30pm-9.30pm (p 42).

**Thur 26 Cambridge - Great Shelford** Caring Together Family carers hub trip out so the usual group is not running (p 35).  
**Ely** Ely Dementia Group 10am-12pm (p 34).  
**Peterborough** Healthwatch Cambridgeshire and Peterborough Peterborough Health and Care Forum Stanground Community Centre PE2 8QP 10am-12pm 0330 355 1285 [enquiries@healthwatchcambspboro.co.uk](mailto:enquiries@healthwatchcambspboro.co.uk) (p10).  
**Peterborough** Carers Wellbeing Event 10am-3.30pm 01733 207133 open to all carers, free to attend, free lunch (p 9).  
**Huntingdon** Love to Move 1.30pm-3.30pm (p 19).  
**Peterborough** Love to Move 2.15pm-3.45pm (p 19).

**Fri 27 Ely** Caring Together Family carers hub 10am-1pm (p 13).  
**Cambridge - Great Shelford** Parkinson's Support Group 10.30am-1.30pm (p 39).  
**Peterborough** Deafblind UK 1.30-3.30pm (p 37).  
**Peterborough** Alzheimer's Society Open Minds Group 2pm-3.30pm (p 36).

**Sat 28 Peterborough** Family Voice Peterborough Trip to Drayton Manor for all families that have a child with SEND 8am-5pm 01733 685510 [office@familyvoice.org](mailto:office@familyvoice.org) £10pp including coach and entry (p 31).

**Mon 30 St Neots** Healthwatch Cambridgeshire and Peterborough community event Highlighting local activities, support and services 10am-3pm Priory Centre, Priory Lane PE19 2BH Graham Lewis 0330 355 1285 [enquiries@healthwatchcambspboro.co.uk](mailto:enquiries@healthwatchcambspboro.co.uk) (p 16).

# March 2020 events cont. and April 2020 events

**Mon 30 Peterborough Family Voice** Peterborough parent carer hub One to one session with a professional from either Peterborough parent partnership or the Educational Psychology Service booking essential 01733 685510 [office@familyvoice.org](mailto:office@familyvoice.org) 1pm-4pm (p 31).

**St Ives** Love to Move & Norris Museum Reminiscence Group 1.30pm-3.30pm (p 19).

**Huntingdon** Rotary Club Memory Café 2.30pm-4.30pm (p 35).

**Tues 31 Peterborough** Caring Together Carer clinic 10am-12pm (p 38).

**Peterborough** Alzheimer's Society Open Carers Group 10.30am-12pm (p 36).

**Sawtry** Love to Move 11am-12pm (p 19).

**Wisbech** Breathe Easy Wisbech Support Group 1.30pm-3.30pm (p 41).

**Wed 1 Brampton** Brampton Reconnect Social April Group 10am-12pm (p 35).

**Cambridge Healthwatch** Cambridgeshire and Peterborough Greater Cambridge Health and Care Forum Orchard Park Community Centre CB4 2EZ 10am-12pm 0330 355 1285 [enquiries@healthwatchcambspboro.co.uk](mailto:enquiries@healthwatchcambspboro.co.uk) (p 10).

**St Ives** Reminiscence at The Norris Museum 10.30am-11.30am (p 37).

**March** Parkinson's Support Group 10.30am-12.30pm (p 39).

**Peterborough** Stanground Dementia Café Sue Ryder Stanground Café 11am-1pm Penny Fisher 01733 350564.

**St Ives** Parkinson's Support Group 2pm-4pm (p 39).

**Huntingdon** Rethink Carer Support Group 7.30pm-9.30pm (p 42).

**Thur 2 Yaxley** Care Network Lunch Club 12pm-1.30pm (p 32).

**Huntingdon** Love to Move 1.30pm-3.30pm (p 19).

**March** Breathe Easy Fenland Support Group 2pm-4pm (p 41).

**Peterborough** Love to Move 2.15pm-3.45pm (p 19).

**Peterborough** Caring Together Family carers hub 2.30pm-4.30pm (p 13).

**Fri 3 Girton** Cambridge South Rotary Club Memory Café 10am-12pm (p 37).

**Peterborough** Alzheimer's Society Open Minds Group 2pm-3.30pm (p 36).

**Sat 4 Little Paxton** Simply Saturday 12.30-2.30pm (p 33).

**Mon 6 Peterborough** Crocus Café 10am-12pm (p 34).

**St Ives** Love to Move & Norris Museum Reminiscence Group 1.30pm-3.30pm (p 19).

**Peterborough** Stroke Association Survivors & Carers Support Group Sainsbury's Café, Bretton Centre 11am-12.30pm 01572 757087 [hannah.rushton@stroke.org.uk](mailto:hannah.rushton@stroke.org.uk)

**Tues 7 Peterborough** Alzheimer's Society Open Carers Group 10.30am-12pm (p 36).

**Fordham** CPFT Dementia Carers Lunch 12.30pm-2.30pm (p 37).

**Cambridge - Milton** Parkinson's Bring & Share Lunch 12.30pm-3pm (p 39).

**Cambridge** CPFT Dementia Friendly Drop-In 2.30pm-4pm (p 37).

**Wed 8 Brampton** Love to Move 10.30am-12pm (p 19).

**Huntingdon** Alzheimer's Society information stand Hinchingsbrooke Hospital 10.30am-2pm (p 36).

**Peterborough** Stanground Dementia Café Sue Ryder Stanground Café 11am-1pm Penny Fisher 01733 350564.

**Ramsey** Parkinson's Support Group 2pm-4pm (p 39).

**Thur 9 Cambridge - Great Shelford** Caring Together Family carers hub 10am-12pm (p 35).

**Ely** Ely Dementia Group 10am-12pm (p 34).

**Wisbech** Healthwatch Cambridgeshire and Peterborough Fenland Health and Care Forum Main Hall, Queen Mary Centre PE13 2PE 10am-12pm 0330 355 1285 [enquiries@healthwatchcambspboro.co.uk](mailto:enquiries@healthwatchcambspboro.co.uk)

**Huntingdon** Love to Move 1.30pm-3.30pm (p 19).

**Peterborough** Alzheimer's Society Dementia Café Dementia Resource Centre 2.15-3.45pm (p 36).

**Tues 14 Burwell** Burwell Drop-In 10am-12pm (p 34).

**Peterborough** Alzheimer's Society Open Carers Group 10.30am-12pm (p 36).  
**Sawtry** Love to Move 11am-12pm (p 19).

**Wed 15 Wisbech** Caring Together Family carers hub 10am-1pm (p 13).

**St Ives** Reminiscence at The Norris Museum 10.30am-11.30am (p 37).

**Brampton** Love to Move 10.30am-12pm (p 19).