

February 2020 Events

- Sat 1 Little Paxton Simply Saturday Essential**
Oils and Massage 12.30-2.30pm (p 33).
- Mon 3 Histon Pinpoint ADHD/ASD Parent Group**
Early Years Centre sensory talk
10am-12pm (p 30).
Peterborough Crocus Café 10am-12pm
(p 34).
St Ives Love to Move & Norris Museum
Reminiscence Group 10am-12.15pm (p 19).
Peterborough Stroke Association
Survivors & Carers Support Group
Sainsbury's Café, Bretton Centre
11am-12.30pm 01572 757087
hannah.rushton@stroke.org.uk
- Tues 4 Peterborough Family Voice Peterborough**
Expert Parent Programme – training for
parent carers on navigating the health
service - booking essential 01733 685510
office@familyvoice.org 9am-2.30pm
(p 31).
Huntingdon Pinpoint ADHD/ASD Parent
Group Hunts Forum, The Maple Centre
10am-12pm (p 30).
March Alzheimer's Society Dementia
Café St Peter's Church Hall, 54 High
Street PE15 9JR 10am-12pm (p 36).
Peterborough Alzheimer's Society Open
Carers Group 10.30am-12pm (p 36).
Cambridge - Milton Parkinson's Bring &
Share Lunch 12.15pm-3pm (p 39).
Fordham CPFT Dementia Carers Lunch
12.30pm-2.30pm (p 37).
Cambridge CPFT Dementia Friendly
Drop-In 2.30pm-4pm (p 37).
- Wed 5 Brampton Brampton Reconnect Social**
Group Ventriloquist 10am-12pm (p 35).
Ramsey Alzheimer's Society Dementia
Café Rainbow Surgery, Stocking Fen
Road, PE26 1SA 10am-12pm (p 36).
St Ives Reminiscence at The Norris
Museum 10.30am-11.30am (p 37).
March Parkinson's Support Group
10.30am-12.30pm (p 39).
Peterborough Guide Dogs Peterborough
VI Forum RNIB, Midgate House, Midgate,
Peterborough 'Getting Out and About'
Living with sight loss Bernie Reddington
and My Guide 0345 130 223 11am-1pm.
St Ives Parkinson's Support Group
2pm-4pm (p 39).
Huntingdon Rethink Carer Support
Group 7.30pm-9.30pm (p 42).
- Thur 6 Peterborough Pinpoint ADHD/ASD Parent**
Group Family Voice, Goldhay Community
Centre 10am-12pm (p 30).
- Yaxley Care Network Lunch Club**
12pm-1.30pm (p 32).
Huntingdon Love to Move 1.30pm-3.30pm
(p 19).
March Breathe Easy Fenland Support
Group 2pm-4pm (p 41).
Peterborough Love to Move
2.15pm-3.45pm (p 19).
Peterborough Caring Together Family
Carers Hub 2.30pm-4.30pm (p 13).
- Fri 7 Girton Cambridge South Rotary Club**
Memory Café 10am-12pm (p 37).
Ely Pinpoint ADHD/ASD Parent Group
East Cambs Child & Family Centre,
Spring Meadow Infant & Nursery School
12.30pm-2.30pm (p 30).
Peterborough Alzheimer's Society Open
Minds Group 2pm-3.30pm (p 36).
- Sat 8 Peterborough Family Voice Peterborough**
Family fun afternoon with games and
light buffet for children while parent
carers engage in service co-production
£1.50 pp booking essential 01733 685510
office@familyvoice.org 1pm-5pm (p 31).
- Mon 10 St Ives Memory Lane Singing Café**
Please call to confirm date/time/venue
George Smerdon 07725 588145.
Cambridge Healthwatch
Cambridgeshire and Peterborough
Wheelchair Users' Forum Orchard Park
Community Centre CB4 2EZ 11am-1pm
0330 355 1285 [enquiries@](mailto:enquiries@healthwatchcambspboro.co.uk)
healthwatchcambspboro.co.uk (p 10).
Sawtry Chatterbox Family Carers
Drop-In 2pm-4pm (p 33).
- Tues 11 Peterborough Family Voice Peterborough**
Free half day workshop on managing
challenging behaviours in children with
additional needs – booking essential
01733 685510 office@familyvoice.org
9.15am-12.30pm (p 31).
Burwell Burwell Drop-In 10am-12pm
(p 34).
Whittlesey Alzheimer's Society Dementia
Café Whittlesey Methodist and United
Reformed Church, Queen Street PE7 1AY
10am-12pm (p 36).
Peterborough Alzheimer's Society Open
Carers Group 10.30am-12pm (p 36).
- Wed 12 Brampton Love to Move** 10.30am-12pm
(p 19).
Ramsey Parkinson's Support Group
2pm-4pm (p 39).

February 2020 Events

- Thur 13 Cambridge - Great Shelford Caring Together Family Carers Hub** 10am-12pm (p 35).
Ely Ely Dementia Group 10am-12pm (p 34).
Wisbech Healthwatch Cambridgeshire and Peterborough Fenland Health and Care Forum Main Hall, Queen Mary Centre PE13 2PE 10am-12pm 0330 355 1285 enquiries@healthwatchcambspboro.co.uk (p 10).
Huntingdon Love to Move 1.30pm-3.30pm (p 19).
Peterborough Alzheimer's Society Dementia Café Dementia Resource Centre 2.15-3.45pm (p 36).
- Fri 14 Peterborough Alzheimer's Society Open Minds Group** 2pm-3.30pm (p 36).
- Mon 17 St Ives Love to Move & Norris Museum Reminiscence Group** 10am-12.15pm (p 19).
Ramsey Caring Together Family Carers Hub 10am-1pm (p 13).
Wisbech Positively Parkinson's Café 10.30am (p 38).
Peterborough Stroke Association Survivors & Carers Support Group Sainsbury's Café, Bretton Centre 11am-12.30pm 01572 757087 hannah.rushton@stroke.org.uk
St Neots Parkinson's Support Group 2pm-4pm (p 39).
St Ives Young Onset Dementia Group 3-5pm (p 34).
- Tues 18 Cambridge Caring Together Family Carers Hub** 10am-12pm (p 13).
St Ives Alzheimer's Society Dementia Café St Ives Free Church (United Reformed), Market Hill PE27 5AL 10am-12pm (p 36).
Peterborough Alzheimer's Society Open Carers Group 10.30am-12pm (p 36).
Ely Parkinson's Support Group 'The work of Healthwatch' £2 2.30pm-4.30pm (p 39).
- Wed 19 Wisbech Caring Together Family Carers Hub** 10am-1pm (p 13).
St Ives Reminiscence at The Norris Museum 10.30am-11.30am (p 37).
Brampton Love to Move 10.30am-12pm (p 19).
Hail Weston Rotary Club Carers Coffee Club 2pm-3.30pm (p 35).
- Thur 20 Burwell Burwell Carers Group** 9.45am-12.15pm (p 33).
- Wisbech Alzheimer's Society Dementia Café** Robert Hall Centre, St Augustines Road PE13 3AH 10am-12pm (p 36).
March Alzheimer's Society information drop-in March Library, City Road PE15 9LT 10.30am-12.30pm (p 36).
Huntingdon Love to Move 1.30pm-3.30pm (p 19).
Peterborough Love to Move 2.15pm-3.45pm (p 19).
- Fri 21 Peterborough Alzheimer's Society Open Minds Group** 2pm-3.30pm (p 36).
- Mon 24 St Ives Love to Move & Norris Museum Reminiscence Group** 10am-12.15pm (p 19).
Peterborough Family Voice Peterborough parent carer hub meet a member of Peterborough's Autism and ADHD Specialist Teaching Service team. 20 minute appointments - booking essential 01733 685510 office@familyvoice.org 1pm-4pm (p 31).
Sawtry Chatterbox Family Carers Drop-In 2pm-4pm (p 33).
- Tues 25 Burwell Burwell Drop-In** 10am-12pm (p 34).
Ely Alzheimer's Society Dementia Café Methodist Church, Chapel Street CB6 1AD 10am-12pm (p 36).
Peterborough Caring Together Carer Clinic 10am-12pm (p 38).
Peterborough Alzheimer's Society Open Carers Group 10.30am-12pm (p 36).
Wisbech Breathe Easy Wisbech Support Group 1.30pm-3.30pm (p 41).
- Wed 26 Peterborough Alzheimer's Society dementia support** at Gladstone Connect Allama Iqbal Centre, 157 Cromwell Road, Peterborough PE1 2EL 10am-12pm (p 36).
Brampton Love to Move 10.30am-12pm (p 19).
Huntingdon Rotary Club Memory Café 2.30pm-4.30pm (p 35).
Cambridge Rethink Carer Support Group 7.30pm-9pm (p 42).
- Thur 27 Ely Ely Dementia Group** 10am-12pm (p 34).
Peterborough Healthwatch Cambridgeshire and Peterborough Peterborough Community Forum Stanground Community Centre PE2 8QP 10am-12pm 0330 355 1285 enquiries@healthwatchcambspboro.co.uk (p 10).

We strongly advise you to call or email the organiser before attending any group or event as details do change and we aren't always notified.

February 2020 Events

Thur 27 Cambridge - Great Shelford Caring Together Family Carers Hub 10am-12pm (p 35).
Huntingdon Love to Move 1.30pm-3.30pm (p 19).
Bottisham Carers at the Café Red2Green Community Café & Garden 2pm-3pm.
Peterborough Love to Move 2.15pm-3.45pm (p 19).

Fri 28 Ely Caring Together Family Carers Hub 10am-1pm (p 13).
Cambridge - Great Shelford Parkinson's Support Group 10.30am-1.30pm (p 39).
Peterborough Alzheimer's Society Open Minds Group 2pm-3.30pm (p 36).

Sat 29 Peterborough Rethink Carer Support Group 3pm-4.30pm (p 42).