

Care Worker

Job Description

Employer	Carers Trust Cambridgeshire, Peterborough, Norfolk
Title	Care Worker
Accountable to	Team Managers
Hours	Minimum of 16 hours per week
Location	Community based throughout Cambridgeshire, Peterborough and Norfolk
Salary	From £8.10 to £12.50 per hour
Expenses	Mileage and travel time expenses paid as per our policy

Overall Purpose of the Job

Working within customers' homes to promote independence through greater choice and control. To provide high quality, individually tailored support and assistance to carers and people with care needs in a whole family approach. This will involve the provision of personal and social care, respecting confidentiality at all times within an equal opportunities framework and working in compliance with quality standards, such as CQC and organisational policies and procedures. As part of a team, to provide support to people with care needs and their families to help them achieve personal goals and positive outcomes.

Principle Duties and Responsibilities

To undertake the tasks specified in the care plan, adapting your practice to the preferences of the individual; this may include the following personal and social care tasks:

- Bathing and support with all aspects of personal hygiene and personal care
- Assistance with management of continence, dressing and undressing, mouth care, mobility and transfers, getting up and going to bed, appliances and eating.
- Administration of medication.
- Occasional assistance with therapeutic programmes for rehabilitation and development as agreed with appropriate clinical professionals.

- Ensuring a safe environment in accordance with Company policies e.g. Health and Safety Policy and Challenging Behaviour Policy.
- Supporting the person with care needs outside their home; including accessing activities and events in their community.
- Summoning emergency services if necessary.
- Provision of emotional support to the person with care needs and their carer(s) as part of the caring team.
- Domestic duties that are part of the care package, for example:
 - making and changing the bed of the person with care needs
 - essential laundering
 - essential shopping
 - preparing meals and washing up.

To undertake other specialised care tasks as agreed by the Team Manager, Senior Managers and Board of Trustees.

To maintain clear and accurate records as directed by the Team Manager and carry out administrative tasks as required e.g. Records of Visits, Medication records.

To act in accordance with the organisation's policies, procedures and standards.

To have an awareness of the other services provided by the organisation. This will enable you to offer information and advice, signposting customers to other support services that might be appropriate.

To facilitate links to additional services if required.

To treat all carers and people with care needs with respect and sensitivity, recognising the need for confidentiality at all times.

To participate in supervision, appraisal and training sessions to ensure that standards are constantly maintained.

To work as part of a team, supporting colleagues and providing a flexible service.

To respect the personal choice of colleagues, carers and people with care needs, ensuring that equal opportunities principles are applied at all times.

We cover a large rural area and it is therefore essential that applicants should hold a current driving licence.

Although an area will be assigned to yourself, in accordance with the preferences you make to us, from time to time you may be asked to visit other areas covered by the organisation. A willingness to visit these areas is essential.

IT IS IMPERATIVE THAT EQUAL OPPORTUNITY PRINCIPLES AND CONFIDENTIALITY BE RESPECTED AT ALL TIMES.