<table>
<thead>
<tr>
<th>Day</th>
<th>City</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri 1</td>
<td>Ely</td>
<td>CPFT Dementia Friday Club The New Cottages, Princess of Wales Hospital, Lynn Road CB6 1DN 2pm-4pm (p 33).</td>
</tr>
<tr>
<td>Mon 4</td>
<td>St Ives</td>
<td>Love to Move Crossways Christian Centre, Ramsey Road 10am-12pm (p 31).</td>
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<tr>
<td></td>
<td>Wisbech</td>
<td>Alzheimer’s Society Dementia Café Please call for venue details 01954 250322 10am-12pm (p 32).</td>
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<tr>
<td></td>
<td>Histon</td>
<td>Pinpoint ADHD/ASD Parent Group Early Years Centre, New School Road CB24 9LL 10am-12pm (p 29).</td>
</tr>
<tr>
<td>Tues 5</td>
<td>March</td>
<td>Alzheimer’s Society Dementia Café St Peter’s Church Hall, 54 High Street PE15 9JR 10am-12pm (p 32).</td>
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<tr>
<td></td>
<td>Huntingdon</td>
<td>Pinpoint ADHD/ASD Parent Group Hunts Forum, The Maple Centre, 6 Oak Tree Drive PE29 7HN (sat nav ref: PE29 7LB) 10am-12pm (p 29).</td>
</tr>
<tr>
<td></td>
<td>Peterborough</td>
<td>Alzheimer’s Society Open Carers Group Dementia Resource Centre, 441 Lincoln Road, Millfield PE1 2PE 10.30am-12pm (p 32).</td>
</tr>
<tr>
<td></td>
<td>Cambridge - Milton</td>
<td>Parkinson’s Bring &amp; Share Lunch Barnabas Court, Cambridge Road CB24 6WR 12.15pm-3pm (p 35).</td>
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<tr>
<td></td>
<td>Fordham</td>
<td>CPFT Dementia Carers Lunch Scotsdales, Market Street CB7 5LQ 12.30pm-2.30pm (p 33).</td>
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<tr>
<td></td>
<td>Cambridge</td>
<td>CPFT Dementia Friendly Drop-In Sainsbury’s Café, Coldhams Lane CB1 3HP 2.30pm-4.30pm (p 33).</td>
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<tr>
<td></td>
<td>Cambridge - Milton</td>
<td>Borderline Personality Disorder Carer’s Group The Edge Café, Brookfields NHS Site, 351 Mill Road Cambridge CB1 3NN 7pm-9pm (p 38).</td>
</tr>
<tr>
<td>Weds 6</td>
<td>March</td>
<td>CT CPN Family Carers Drop-In - Reiki Session March Library, City Road PE15 9LT 10am-12pm.</td>
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<tr>
<td></td>
<td>Ramsey</td>
<td>Alzheimer’s Society Dementia Café Rainbow Surgery, Stocking Fen Road PE26 1SA 10am-12pm (p 32).</td>
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<tr>
<td></td>
<td>March</td>
<td>Parkinson’s Support Group The Braza Club, Elm Road PE15 8NZ 10am-12pm (p 35).</td>
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<tr>
<td></td>
<td>Peterborough</td>
<td>Alzheimer’s Society Open Minds Group Dementia Resource Centre, 441 Lincoln Road, Millfield PE1 2PE 11am-12.30pm (p 32).</td>
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<tr>
<td></td>
<td>St Ives</td>
<td>Parkinson’s Support Group Dolphin Hotel, London Road PE27 5EP 2pm-4pm (p 35).</td>
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<tr>
<td></td>
<td>St Neots</td>
<td>Relaxation, Meditation and Music Group Tesco Community Room, Barford Road PE19 2SA 3pm-3.50pm (p 36).</td>
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<tr>
<td></td>
<td>Huntingdon</td>
<td>Rethink Carer Support Group CPFT, Redshank House, Kingfisher Way PE29 6FN 7.30pm-9.30pm (p 38).</td>
</tr>
<tr>
<td>Thurs 7</td>
<td>Peterborough</td>
<td>Pinpoint ADHD/ASD Parent Group Family Voice, Goldhay Community Centre, 105 Paynels, Orton Goldhay PE2 5QP 10am-12pm (p 29).</td>
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<tr>
<td></td>
<td>Ely</td>
<td>Ely Dementia Group Recreational Hall, Militia Way 10am-12pm (p 23).</td>
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<td></td>
<td>Yaxley</td>
<td>Time for Tea Memory Café The Royal British Legion, 210 Broadway PE7 3NR 10.30am-12pm (p 33).</td>
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<tr>
<td></td>
<td>March</td>
<td>Breathe Easy Fenland Support Group St Peter’s Church Hall, High Street PE15 9JR 2pm-4pm (p 39).</td>
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<td></td>
<td>Peterborough</td>
<td><em>NEW</em> CT CPN Family Carers Hub - variety of speakers, activities and light refreshments Lapwing Apartments, Orton Brimbles PE2 SYR (meet in the restaurant area) 2.30pm-4.30pm (p 36).</td>
</tr>
<tr>
<td>Fri 8</td>
<td>Ely</td>
<td>Pinpoint ADHD/ASD Parent Group Ely Children’s Centre, Spring Meadow Infant &amp; Nursery School, High Barns CB7 4RB 12.30pm-2.30pm (p 29).</td>
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<tr>
<td>Mon 11</td>
<td>St Ives</td>
<td>Memory Lane Singing Café Crossways Christian Centre, Ramsey Road 10am-12pm (p 31).</td>
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<td></td>
<td>Sawtry</td>
<td>Chatterbox Family Carers Drop-In CARESCO Centre, Green End Road PE28 5UX 2pm-4pm (p 30).</td>
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<tr>
<td>Tues 12</td>
<td>Bluntisham</td>
<td>Pinpoint Carers Week Event Bluntisham Village Hall, Mill Lane PE28 3LR 10am-12pm (p 29).</td>
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<tr>
<td></td>
<td>Burwell</td>
<td>Burwell Drop-In Ness Court, Baker Drive CB25 0AB 10am-12pm (p 30).</td>
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<td></td>
<td>Peterborough</td>
<td>Alzheimer’s Society Open Carers Group Dementia Resource Centre, 441 Lincoln Road, Millfield PE1 2PE 10.30am-12pm (p 32).</td>
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<tr>
<td></td>
<td>March</td>
<td>CT CPN Carers Lunch – booking essential RSVP 1 June Trinity Hall PE15 9LH 11am-3pm (p 6).</td>
</tr>
<tr>
<td>Weds 13</td>
<td>Peterborough</td>
<td>Sharing the Caring &amp; Pride in Our Carers KingsGate Community Church, 2 Staple Pei 14YT 10am-4pm (p 5).</td>
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<tr>
<td></td>
<td>Peterborough</td>
<td>Alzheimer’s Society Open Minds Group Dementia Resource Centre, 441 Lincoln Road, Millfield PE1 2PE 11am-12.30pm (p 32).</td>
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<td></td>
<td>Peterborough</td>
<td>Rethink Carer Support Group Centre 68, 68b Westgate PE1 1RG 1pm-3pm (p 38).</td>
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<tr>
<td></td>
<td>Ramsey</td>
<td>Parkinson’s Support Group Ramsey Resource Centre, Stocking Fen Road PE26 1SA 2pm-4pm (p 35).</td>
</tr>
<tr>
<td>Thurs 14</td>
<td>Burwell</td>
<td>Carers Group - Pamper Morning Trinity Church, High Street CB25 0HD 9.15am-12.15pm (p 30).</td>
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<tr>
<td>Location</td>
<td>Event</td>
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<tr>
<td>Great Shelford</td>
<td>CT CPN Dementia Family Carers Hub - Everyone Health – exercises to promote health and wellbeing</td>
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<tr>
<td>Huntingdon</td>
<td>CT CPN Family Carers Drop-In - Crystal Healing</td>
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<tr>
<td>Peterborough</td>
<td>Alzheimer's Society Dementia Café St. Botolph's Church, Longthorpe, Thorpe Road PE3 6LU</td>
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<td>CT CPN Trip to Sandringham for family carers and cared for</td>
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<td></td>
<td>CT CPN Family Carers Hub – Carers Week – Department of Work and Pensions Benefits for Carers</td>
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<td></td>
<td>Alzheimer’s Society Open Carers Group Dementia Resource Centre</td>
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<td></td>
<td>Parkinson’s Support Group</td>
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<tr>
<td></td>
<td>CT CPN Family Carers Hub – Mindfulness Session</td>
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**CT CPN - Carers Trust Cambridgeshire, Peterborough, Norfolk**

**St Neots**  
- CT CPN Dementia Family Carers Hub - Everyone Health – exercises to promote health and wellbeing
  - David Rayner Building, Scotsdales, 120 Cambridge Road CB22 5JT 10am-12pm (p 31)

**Huntingdon**  
- CT CPN Family Carers Drop-In - Crystal Healing
  - Huntingdon Library, Upstairs Meeting Room, Princes Street PE29 3PA 10am-12pm

**Peterborough**  
- Alzheimer's Society Dementia Café
  - St. Botolph's Church, Longthorpe, Thorpe Road PE3 6LU 2.15pm-3.45pm (p 32)

**St Neots**  
- Making Space Cambridgeshire Carers Coffee Morning
  - Pilgrim Hall, United Reformed Church, High Street PE19 1BN 11am-1pm (p 37)

**Ely**  
- Ely CPFT Dementia Friday Club
  - The New Cottages, Princess of Wales Hospital, Lynn Road CB6 1DN 2pm-4pm (p 33)

**St Ives**  
- Love to Move Crossways Christian Centre, Ramsey Road 10am-12pm (p 31)
  - Ramsey CT CPN Family Carers Hub - Crystal Healing
  - Ramsey Library, 25 Great Whyte PE26 1HA 10am-1pm (p 15)

**St Neots**  
- Parkinson’s Support Group Old Market Court, Tebbuts Road PE19 1RQ 2pm-4pm (p 35)

**St Ives**  
- Young Onset Dementia Group
  - Little Acre Kitchen, 7 Crown Street PE27 5EB 2.30pm-4pm (p 33)

**Burwell**  
- Service of Thanksgiving and Tea for Carers
  - St Marys Church, High Street CB25 0HD 3pm-4.30pm (p 6)

**St Ives**  
- Love to Move Crossways Christian Centre, Ramsey Road 10am-12pm (p 31)

**Ramsey**  
- CT CPN Family Carers Hub - Crystal Healing
  - Ramsey Library, 25 Great Whyte PE26 1HA 10am-1pm (p 15)

**St Neots**  
- Alzheimer’s Society Support Group
  - Old Market Court, Tebbuts Road PE19 1RQ 2pm-4pm (p 35)

**St Ives**  
- Young Onset Dementia Group
  - Little Acre Kitchen, 7 Crown Street PE27 5EB 2.30pm-4pm (p 33)

**St Ives**  
- Love to Move Crossways Christian Centre, Ramsey Road 10am-12pm (p 31)

**Girton**  
- CPFT Dementia Carers Meeting
  - St Vincent’s Close Community Centre CB3 0PE 2pm-3.30pm (p 33)

**Sawtry**  
- Chatterbox Family Carers Drop-In
  - CARESCO Centre, Green End Road PE28 5UX 2pm-4pm (p 30)

**Huntingdon**  
- Rotary Club Memory Café
  - Ely Dementia Group
  - Recreational Hall, Militia Way 10am-12pm (p 23)

**March**  
- Alzheimer’s Society Information Drop-in
  - March Library, City Road, PE15 9LT 10.30am-12.30pm (p 32)

**Peterborough**  
- Alzheimer’s Society Dementia Café
  - Lakeside Meeting Room, Ferry Meadows, Nene Park, Ham Lane PE2 5UU 2pm-3pm (p 32)

**Cambridge**  
- Parkinson’s Support Group
  - David Rayner Building, Scotsdales, Cambridge Road, Great Shelford CB22 5JT 10.30am-1.30pm (p 35)

**St Ives**  
- Love to Move Crossways Christian Centre, Ramsey Road 10am-12pm (p 31)

**Girton**  
- CPFT Dementia Carers Meeting
  - St Vincent’s Close Community Centre CB3 0PE 2pm-3.30pm (p 33)

**Sawtry**  
- Chatterbox Family Carers Drop-In
  - CARESCO Centre, Green End Road PE28 5UX 2pm-4pm (p 30)

**Huntingdon**  
- Rotary Club Memory Café
  - All Saints in the Hollow PE29 1XP 2.30pm-4.30pm (p 31)

**Ely**  
- Alzheimer’s Society Dementia Café
  - Cathedral Centre, Palace Green CB7 4AW 10am-12pm (p 32)

**Burwell**  
- Burwell Drop-In
  - Ness Court, Baker Drive CB25 0AB 10am-12pm (p 30)

**Peterborough**  
- Alzheimer’s Society Open Carers Group
  - Dementia Resource Centre, 441 Lincoln Road, Millfield PE1 2PE 10.30am-12pm (p 32)

**Peterborough**  
- Alzheimer’s Society Open Minds Group
  - Dementia Resource Centre, 441 Lincoln Road, Millfield PE1 2PE 11am-12.30pm (p 32)

**Peterborough**  
- Alzheimer’s Society Open Minds Group
  - Dementia Resource Centre, 441 Lincoln Road, Millfield PE1 2PE 11am-12.30pm (p 32)

**Peterborough**  
- Rethink Carers Support Group
  - Centre 68, 68b Westgate PE1 1RG 1pm-3pm (p 38)

**Peterborough**  
- Parkinson’s Support Group
  - PJ Care Neurological Centre, Eaglewood PE3 8DE 2pm-4pm (p 35)
**Events Calendar • June cont. • July 2018**

**Cambridge**
- C2 M.S. Carer’s Club - Workshop with Janet Williams on ‘How to Stop Worrying and Start Living’ Church of Good Shepherd Hall, Mansel Way, Arbury CB4 2ET 2.30pm-3.30pm (p 36).
- Rethink Carer Support Group St Laurence’s Church, 91 Milton Road CB4 1XB 7.30pm-9pm (p 38).

**Great Shelford**
- CT CPN Dementia Family Carers Hub - Resilience and Emotional Wellbeing David Rayner Building, Scotsdales, 120 Cambridge Road CB22 5JT 10am-12pm (p 31).

**Ely**
- CT CPN Family Carers Hub – Mindfulness Session Larkfields Community Centre, High Barns CB7 4LL 10am-12pm (p 32).

**St Ives**
- Love to Move Crossways Christian Centre, Ramsey Road 10am-12pm (p 31).

**Histon**
- Pinpoint ADHD/ASD Parent Group Early Years Centre, New School Road CB24 9LL 10am-12pm (p 29).

**Wisbech**
- Alzheimer’s Society Dementia Café Please call for venue details 01954 250322 10am-12pm (p 32).

**March**
- Alzheimer’s Society Dementia Café St Peter’s Church Hall, 54 High Street PE15 9JR 10am-12pm (p 32).

**Huntingdon**
- Pinpoint ADHD/ASD Parent Group Hunts Forum, The Maple Centre, 6 Oak Tree Drive PE29 7HN (sat nav ref: PE29 7LB) 10am-12pm (p 32).

St Ives Parkinon’s Support Group Dolphin Hotel, London Road PE27 5EP 2pm-4pm (p 35).

**St Neots**
- Relaxation, Meditation and Music Group Tesco Community Room, Barford Road PE19 2SA 3pm-3.50pm (p 36).

**Huntingdon**
- Rethink Carer Support Group July meeting is an evening meal - please email to find out details huntsrethink@gmail.com (p 38).

**Cambridge**
- Making Space Cambridgeshire Carers Peer Support Group Meadows Centre, 1 St Catharine’s Road CB4 3XJ 7.30pm-9pm (p 37).

**Peterborough**
- Pinpoint ADHD/ASD Parent Group Family Voice, Goldhay Community Centre, 105 Paynels, Orton Goldhay PE2 5QP 10am-12pm (p 29).

**Ely**
- Ely Dementia Group Recreational Hall, Militia Way 10am-12pm (p 23).

**Yaxley**
- Pinpoint ADHD/ASD Parent Group Ely Children’s Centre, Spring Meadow Infant & Nursery School, High Barns CB7 4RB 12.30pm-2.30pm (p 32).

**March**
- CT CPN Family Carers Drop-In - ‘Tax Care and Toy Boys’ light-hearted talk about inheritance tax, wills and future care followed by Relaxation, Meditation & Music Therapy March Library, City Road PE15 9L T 10am-12pm.

**Peterborough**
- Alzheimer’s Society Open Carers Group Dementia Resource Centre, 441 Lincoln Road, Millfield PE1 2PE 10.30am-12pm (p 32).

**Peterborough**
- Alzheimer’s Society Open Minds Group Dementia Resource Centre, 441 Lincoln Road, Millfield PE1 2PE 11am-12.30pm (p 32).