

## Sharing the Caring and Pride in Our Carers Awards

Practical information and advice about the support and services available to family carers.

- Interactive Sessions, Workshops and Marketplace
- Inspirational speakers
- Pride in Our Carers Awards from 2pm
- Lunch and refreshments

To book your place Call 01480 499090 Visit www.carerstrustcpn.org/pioc-2018

