June 2017

Thursday 1
- **March** Breathe Easy Fenland Support Group St Peter’s Church Hall, High Street PE15 9JR 2pm to 4pm (see p 22).

Friday 2
- **Ely** CPFT Dementia Friday Club The New Cottages, Princess of Wales Hospital, Lynn Road CB6 1DN 2pm to 4pm (see p 19).
- **Peterborough** CTP Living Theatre Thorpe Hall, Thorpe Road PE3 6LW (see p 22).

Sunday 4
- **Huntingdon** CTC Young Carers Sunday Group Huntingdon Youth Centre, Sallowbush Road PE29 7AF 10.30am to 12.30pm (access by referral).

Monday 5
- **Histon** Pinpoint ADHD/ASD Support Group Histon Early Years Centre, New School Rd CB24 9LL 10am to 12pm (see p 41).
- **Wisbech** Alzheimer’s Society Dementia Café Robert Hall Centre, St Augustine’s Road PE13 3AH 10am to 12pm.
- **Wisbech** CTC Carers Friends Session Wisbech Library, 5 Ely Place PE13 1EU (am).
- **Peterborough** CTP Support for parent carers: information, advice, Carer’s Assessments, emergency support, 1:1 support Family Voice Peterborough, 105 Paynels, Orton Goldhay PE2 5QP 10.30am to 2.30pm.

Tuesday 6
- **Cambridge** CPFT Dementia Friendly Drop-In Sainsbury’s Café, Coldham’s Lane CB1 3HP 2.30pm (see p 19).
- **Milton** Parkinson’s Support Group Barnabas Court, Cambridge Road CB24 6WR 12.15pm to 3pm (see p 21).
- **Fordham** CPFT Dementia Carers Lunch Scotstables, Market Street CB7 5LQ 12.30pm to 2.30pm (see p 19).
- **Huntingdon** CTC Hinchingbrooke Young Carers School Group Brampton Road PE29 3BN 3.30pm to 4.30pm (access by referral).
- **Huntingdon** CTC Young Carers St Peter’s School Group St Peters Road PE29 7DD 3.05pm to 4.15pm (access by referral).
- **Huntingdon** CTC Carers Drop-In - come along with the person you care for, light refreshments provided - Benefits information, Lasting Power of Attorney, care costs, wellbeing sessions Huntingdon Library, Prince’s Street PE29 3PA 10am to 12pm.
- **March** Alzheimer’s Society Dementia Café St Peter’s Church Hall, 36 High Street PE15 9JR 10am to 12.00pm.
- **Peterborough** CTP Support for carers of all ages: information, advice, Carer’s Assessments, emergency support, 1:1 support Gladstone Community Centre, Bourges Boulevard PE1 2AN 1pm to 4pm.
- **Peterborough** Why do I need a Power of Attorney? and How do I pay care home fees? Free talk from Eldercare Solutions and Greenwoods Solicitor - refreshments provided Clayburn Court Care Home, Clayburn Road, Hampton PE7 8LB 5pm to 7pm. Contact: Allison 07483 168366.

Wednesday 7
- **Willingham** CTC Carers Friends Session Willingham Library, Church Street CB24 5HS 2pm to 3.30pm.
- **March** Parkinson’s Support Group The Braza Club, Elm Road PE15 8NZ 10am to 1.30pm (see p 21).
- **St Ives** Parkinson’s Support Group Dolphin Hotel, London Road PE27 5EP 2pm to 4pm (see p 21).
- **Ramsey** Alzheimer’s Society Dementia Café Rainbow Surgery, Stocking Fen Road PE26 1SA 10 am to 12pm.

Thursday 8
- **Great Shelford** CTC Shelford Dementia Support Group - Addenbrooke’s Art Session 3 - stories, clay, information on benefits for carers David Rayner Centre CB22 5JT 10am to 12pm (see p 25).
- **Sawtry** CARESCO Autism & ADHD Parent Support Group CARESCO Centre, Green End Road PE28 5UX 7.30pm to 9.30pm (see p 22).
- **Peterborough** Pinpoint ADHD/ASD Support Group Family Voice Peterborough, 105 Paynels, Orton Goldhay PE2 5QP 10am to 12pm (see p 41).
Friday 9
- **Ely** Pinpoint ADHD/ASD Support Group
  Ely Children’s Centre, High Barns CB7 4RB 12.30pm to 2.30pm (see p 41).
- **Ely** CTC Carers Friends Session
  Ely Library, 6 The Cloisters CB7 4ZH.

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Monday 12
- **Cambridge** CTC Outpatient Outreach
  Addenbrooke’s Hospital - Give your view on Carer Friendly Hospitals and have coffee and cake
  One Place (main reception), Addenbrooke’s Hospital, Hills Road CB2 0QQ 12pm to 2pm.
- **Fulbourn** CTC Afternoon Tea
  Chaplin’s Close, Fulbourn CB21 5HU 1pm to 3pm
  (booking required, see p 18).
- **Sawtry** Chatterbox Carers Drop-In
  CARESCO Centre, Green End Road PE28 5UX 2pm to 4pm (see p 16).

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Tuesday 13
- **Cambridge** Sharing the Caring Celebratory Event & Pride in Our Carers Awards
  C3 Centre, Coldhams Lane CB1 3HR 10am (see p 4).
- **Cambridge** CPFT Dementia Friendly Drop-In
  Sainsbury’s Café, Coldhams Lane CB1 3HP 2.30pm (see p 19).
- **March** CTC Carers Lunch
  Trinity Hall PE15 9LH 11am to 3pm (booking required, see p 18).
- **Ramsey** CTC Young Carers Group
  Youth Centre, Abbey Road, PE26 1DG 3.15pm to 4.15pm (access by referral).

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Wednesday 14
- **Cambridge** Pinpoint Self Harm Parent Group
  (venue to be confirmed, please check our website) 6.30pm to 8.30pm (see p 41).
- **Cambridge** CTC Afternoon Tea and entertainment
  The Bistro, Arthur Rank Hospice, Cherry Hinton Road, Shelford Bottom CB22 3FB (sat nav CB22 3AB)
  1.30pm to 3.30pm.
- **Histon** CTC Carers Friends Session
  Library, School Hill CB24 9JE 2pm to 3.30pm.
- **Bluntisham** Pinpoint Carers Week Celebration
  Bluntisham Village Hall, Mill Lane PE28 3LR 10am to 12pm (see p 41).
- **St Neots** Making Space Carers Coffee Morning
  4 The Stables, Church Street PE19 2BU 11am to 1pm (see p 17).
- **St Ives** CTC Young Carers Group
  Broadleas Centre PE27 5QB 3pm to 5pm (access by referral).
- **Ramsey** Parkinson’s Support Group
  Ramsey Resource Centre, Stocking Fen Road PE26 1SA 2pm to 4pm (see p 21).
- **Wisbech** CTC Carers Drop-In - Carers Week Special, Information on Benefits, Lasting Power of Attorney, Care Costs, wellbeing sessions
  Wisbech Library, Ely Place PE13 1EU 2pm to 4pm.

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Thursday 15
- **Cambridge** CTC Botanical Garden Visit with guided tour
  1 Brookside CB2 1JE 1pm to 3.30pm (see p 17).
- **Cambridge** Age UK Carers Afternoon Tea - also open to Age UK staff/volunteers
  who are, or have been carers - Carer’s Assessments and What If? Plans available
  Cherry Trees, St Matthews Street CB1 2LT 10am to 12pm.
- **Cambridge** Cambridgeshire Alliance for Independent Living Aware that you Care?
  Fen House (Lansyst Building), Fen Road, CB1 1UN 1pm to 3pm (see p 24).
- **Great Shelford** Alzheimer’s Society Dementia Café - Celebrating Carers Week
  David Rayner Centre, Scotsdales Garden Centre, Cambridge Road CB22 5JT
  10am to 12pm.
- **Girton** Carers Event
  Girton Baptist Church Hall, CB3 0QQ 1.30pm to 3pm (see p 17).
- **St Neots** Carers Peer Support
  Tesco Community Room 1.30pm to 3.30pm (see p 24).
- **Great Shelford** Alzheimer’s Society Dementia Café
  David Rayner Centre, Scotsdales Garden Centre CB22 5JT
  10am to 12pm.
- **March** Carers Week Alzheimer’s Society Information Stall
  Sainsbury’s, Mill View PE15 8SY 10.30am to 2.30pm.
- **Peterborough** Family Voice Parent Carers Day
  105 Paynels, Orton Golday PE2 5QP (to book see p 24).
Events Calendar

June 2017 continued

Friday 16
- Sawtry CARESCO Autism & ADHD Parent Support Group Youth & Community Centre, Green End Road PE28 5UX 10am to 12pm (see p 22).

Huntingdon Age UK Carers Drop-In (also open to Age UK staff/volunteers who are, or have been carers - coffee, cake and chat, Carer’s Assessments and What If? Plans available) Ambury Road Day Centre PE29 1AD 10am to 12pm.

Wisbech Glenfield Care Centre Carers Day - pampering, fun and afternoon tea Moneybank PE13 2JF 11am to 3pm (booking required, see p 21).

Wisbech Age UK Carers Drop-In (also open to Age UK staff/volunteers who are, or have been carers - coffee, cake and chat, Carer’s Assessments and What If? Plans available) Oasis Centre, St Michael’s Avenue PE13 3NR 10am to 12pm.

Peterborough National Care Home Open Day - The Big Lunch £5 per person Clayburn Court Care Home, Clayburn Road, Hampton PE7 8LB 12pm to 3pm. Contact: Allison 07483 168366. (see p 16).

Saturday 17
- Huntingdon Family Carers Annual Picnic Hinchingbrooke Country Park, Brampton Road PE29 6DB (booking required, see p 16).

Peterborough CTP Support for working carers of all ages: information, advice, Carer’s Assessments, emergency support, 1:1 support Thorpe Hall, Thorpe Road PE3 6LW 11am to 1pm

Sunday 18
- Burwell Service of Thanksgiving and Tea for Carers St Mary’s Church, 14 High Street CB25 0HB 3pm (see p 18).

Monday 19
- Ramsey CTC Ramsey Carers Hub - come along with the person you care for, light refreshments provided - Benefits information, Lasting Power of Attorney, care costs, wellbeing sessions Ramsey Library, 25 Great Whyte PE26 1HA 11am to 2pm.

St Neots Parkinson’s Support Group Old Market Court, Tebbuts Road PE19 1RQ 2pm to 4pm (see p 21).

Tuesday 20
- Cambridge CPFT Dementia Carers Lunch Scotsdales, Market Street CB7 5LQ 12.30pm to 2.30pm (see p 19).

Fulbourn CPFT Dementia Friendly Lunch Group Six Bells Pub, 9 High Street CB21 5DH 12.30pm (see p 19).

Ely Parkinson’s Support Group The Community Centre, Bell Holt, Off Lisle Lane CB7 4ED 2.30pm to 4.30pm (see p 21).

Ely Pinpoint/SENDIASS - Home/School Transport meeting Ely Library, 6 The Cloisters CB7 4ZH 10am to 2pm (see p 41).

Huntingdon Pinpoint ADHD/ASD Support Group Hunts Forum, The Maple Centre, 6 Oak Tree Drive PE29 7HN (sat nav PE29 7LB) 10am to 12pm (see p 41).

Huntingdon CTC Hinchingbrooke Young Carers School Group Brampton Road PE29 3BN 3.30pm to 4.30pm (access by referral).

Huntingdon CTC Young Carers St Peter’s School Group St Peters Road PE29 7DD 3.05pm to 4.15pm (access by referral).

Huntingdon CTC Carers Friends Session Library, Princes Street PE29 3PA (am).

St Ives Alzheimer’s Society Dementia Café St Ives Free Church (United Reformed), Market Hill PE27 5AL 10am to 12pm.

Peterborough CTP Support for carers of all ages: information, advice, Carer’s Assessments, emergency support, 1:1 support Peterborough Community Radio, 5 Herlington, Orton Malborne PE2 5PN 1pm to 4pm.

Wednesday 21
- Cambridge Pinpoint/SENDIASS - Home/School Transport meeting Orchard Park Community Centre, Central Avenue CB4 2EZ 6.15pm to 9pm (see p 41).

March CTC Carers Friends Session Library, City Road PE15 9LT (am).

March CTC Carers Drop-In - Carers Week Special, Information on Benefits, Lasting Power of Attorney, Care Costs, wellbeing sessions March Library, City Road PE15 9LT 10am to 12pm.
• **St Neots** CTC Longsands Academy Young Carers School Group Longsands Parade PE19 1LQ 3pm to 4pm (access by referral).

• **Peterborough** Parkinson’s Support Group PJ Care Neurological Centre, Eaglewood PE3 8DE 2pm to 4pm (see p 16).

**Thursday 22**

- **Great Shelford** CTC Shelford Dementia Support Group - Addenbrooke’s Art Session 4 - stories, clay, talk on Wills and Power of Attorney David Rayner Centre CB22 5JT 10am to 12pm (see p 25).

- **St Neots** Carers Social Lunch Eaton Oak Pub PE19 7DB 12.30pm (see p 24).

**Friday 23**

- **Great Shelford** Parkinson’s Support Group David Rayner Building CB22 5JT 10.30am to 2pm (see p 21).

- **Needingworth** Carers Tea Party Village Hall 2pm to 4pm (to book see p 25).

**Monday 26**

- **Girton** CPFT Dementia Carers Meeting St Vincent’s Close Community Centre, CB3 OPE 2pm to 3.30pm (see p 19).

- **St Neots** Carers Social Lunch Eaton Oak Pub PE19 7DB 12.30pm (see p 24).

- **Hartford** Rotary Club Memory Café All Saints in the Hollow PE29 1XP 2.30pm to 4.30pm (see p 18).

- **Sawtry** Chatterbox Carers Drop-In CARESCO Centre, Green End Road PE28 5UX 2pm to 4pm (see p 16).

**Tuesday 27**

- **Huntingdon** Pinpoint/SENDIASS - Home/School Transport meeting Maple Centre, 6 Oak Tree Drive PE29 7HN (sat nav PE29 7LB) 10am to 2pm (see p 41).

- **Eaton Socon** Carers Café Neuro - come along with the person you care for, light refreshments provided - Lasting Power of Attorney, care costs, wellbeing sessions The Marbrook Centre, Phoenix Park PE19 8EP 10.30am to 12.30pm (see p 20).

- **Ramsey** CTC Young Carers Group Youth Centre, Abbey Road, PE26 1DG 3.15pm to 4.15pm (access by referral).

- **Ely** Alzheimer’s Society Dementia Café Cathedral Centre, Palace Green CB7 4AW 10am to 12pm.

**Wednesday 28**

- **St Ives** CTC Young Carers Group Broadleas Centre PE27 5QB 3pm to 5pm (access by referral).

- **Peterborough** Rethink Carers Support Group - chat, refreshment and support Centre 68, 68b Westgate PE1 1RG 1pm to 3pm (see p 19).

- **Cambridge** Rethink Carers Support Group St Laurence’s Church, 91 Milton Road CB4 1XB 7.30pm to 9pm (see p 33).

**Thursday 29**

- **St Ives** CTC Seaside trip to Sheringham 9am to 6pm (see p 21).

**Friday 30**

- **Wisbech** Pinpoint/SENDIASS - Home/School Transport meeting Papworth Trust CB23 3RG 10am to 2pm (see p 41).

- **Peterborough** CTP Support for carers of all ages: information, advice, Carer’s Assessments, emergency support, 1:1 support Dementia Resource Centre, 441 Lincoln Road (access via York Road) PE1 2PE 10am to 2pm.

**Carers Hubs offer a warm welcome and opportunities for:**

- families to take part in social activities such as Dancing, Singing, Quizzes, Tai Chi, Art and Craft together.
- make friendships and find support with families in a similar situation.
- family carers to have a short break.
- families to talk to professionals and get information and advice that can help them in their caring role.
- take part in workshops and learning opportunities which can improve both family carer and wider family wellbeing.

Carers Hubs are for families where one or more members look after another family member who could not manage without their help. Why not give Carers Hubs a try ?!

Please see our website for a full list of events, including some additional groups which are not listed here. [www.carerstrustcambridgeshire.org](http://www.carerstrustcambridgeshire.org)  
[care@carerstrustcambridgeshire.org](mailto:care@carerstrustcambridgeshire.org)  
01480 499090