



# MiraLife

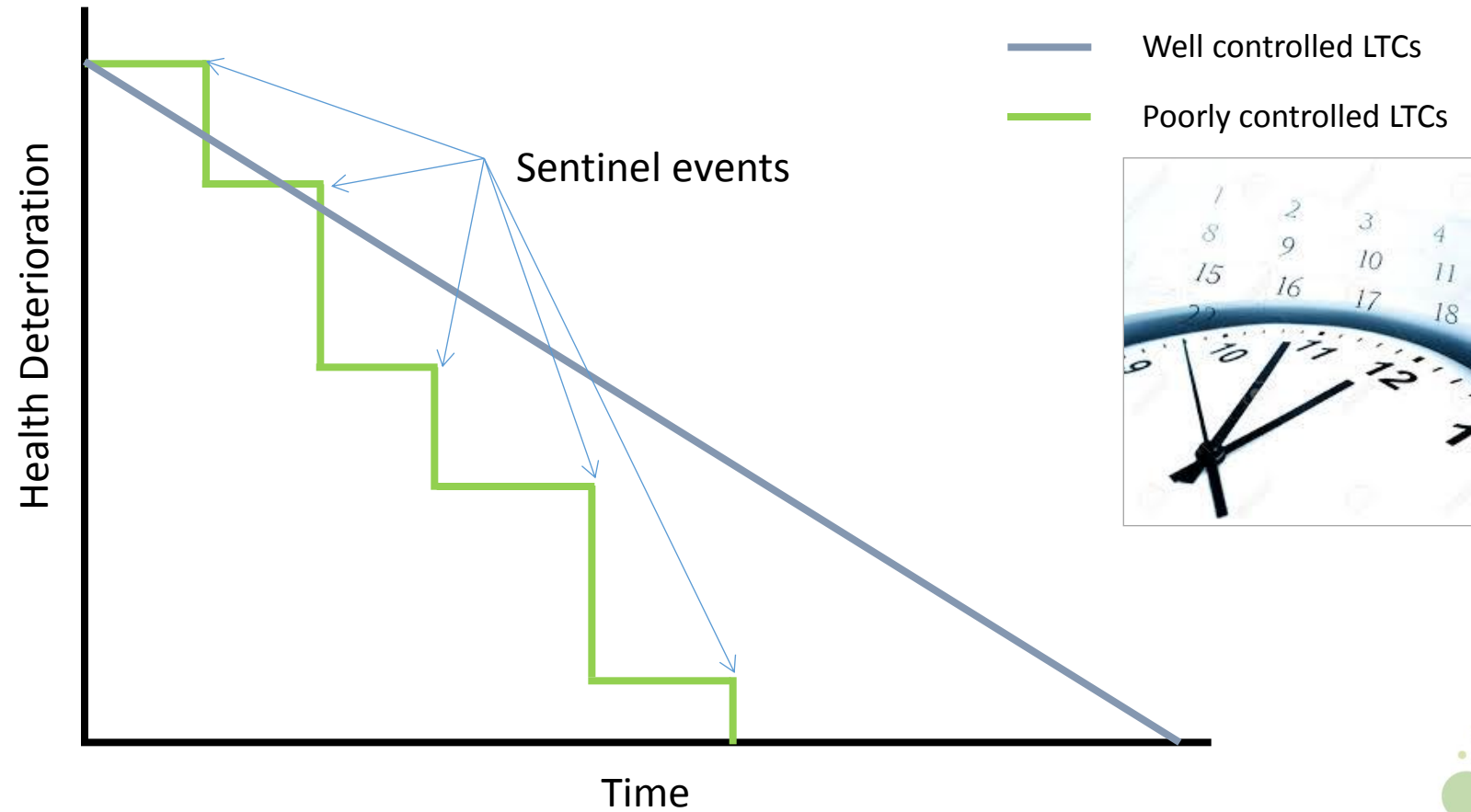
Take control of your health

**Garry Swann – MiraLife CEO**

Clinical Director for Advanced Practice (HEFT)

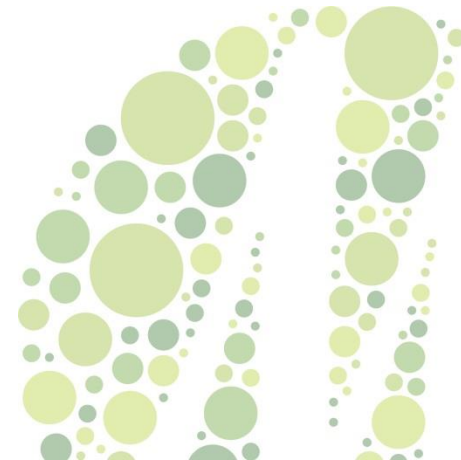
Senior ECIP Associate

# Effect of Hospitalisation



# Why MiraLife?

- MiraLife's primary purpose is to empower users to make sense of '**changes**' in their health or the health of their loved one
- Intelligent and interactive system - easy to use - based on 6+ years experience of supporting Carers in Warwickshire; last 9 months in Northamptonshire and Corby
- Identifies risk of deterioration related to illness and frailty
- MiraLife provides advice on what to do if a '**change**' is recognised and communicates any potential deterioration
- Has significantly reduced reliance on hospitals and avoids the hazards associated with an admission in users
- Over a 5 year period we achieved a 90% reduction in the need for hospital admission within a cohort of 113 people with dementia when compared with similar cohorts



# Work in Northamptonshire

- Partnership - MiraLife, Northamptonshire Carers, CCGs & East Midlands Ambulance Service Frail & Elderly Liaison Officers
- First phase Oct '15 – Mar '16 to empower people to take control of their own health or the persons they look after by regularly monitoring for the risk of possible infection
- Simple monitoring of **Breathing, Pulse, Urine & Temperature**
- Part of wider plan to create a social movement to establish a network of support for people at risk of infections, their paid/unpaid Carers
- Now Working with Corby CCG May '16 – April '17 **targeting 400 patients who have been in hospital in the last 12 months due to UTI or URI**
- Developing working links with Primary Care, Corby Collaborative Care Team and Corby Care/Nursing Homes.



# Summary of Nene & Corby pilot

- 500 assessments per month - month on month growth in usage and assessments performed
- 244 potential illnesses or infections detected using the NEWS risk stratification tool in 7 months
- All system alerts responded to within 10 minutes of activation 24/7 by MiraLife
- 2 admissions in 9 months from cohort in Northamptonshire
- 330 participants trained - 30% unpaid carers, 6% people with LTC's, 64% professionals (approx.)
- Over 60 organisations and 270 professionals involved including care homes, domiciliary care, secondary care, social care, condition specific voluntary organisations and other stakeholders
- Over 200 participants have volunteered to become Infections Monitoring Champions
- **Seeds of a scalable and self sustaining model to incorporate monitoring in to organisations working practices and individuals daily lives**



# What people thought in Nene & Corby pilot

- *“...this is a very valuable and potentially life changing scheme of which I am glad to be a part”  
(Unpaid Carer)*
- *“I hope you and your team get your rewards as its brilliant to be part of this and thank you”  
(Unpaid Carer)*
- *“...do not lose sight of what a brilliant project this is. I know I am right on this as I am in it and it is real. It will succeed.” (Unpaid Carer)*
- *“the presentation you all gave at the meeting yesterday was great, your enthusiasm and professionalism is infectious.” (Oakleaf Care)*
- *“We are really keen to start the pilot within our team and we found the training this morning so useful and we feel extremely passionate that this will be in Garry’s words a game changer!”  
(Olympus Care, Specialist Dementia Service Manager)*
- *“Sadly my husband passed away while in hospital. My husband may have been able to spend a few more precious weeks at home had he not contracted hospital acquired pneumonia. He and I would definitely have benefitted had I done the training earlier. Good luck with your excellent project.” (Ex-Carer)*



# QUESTIONS

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