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A family carer is....

Someone of any age who provides unpaid support to family or friends whose health or well being could suffer without this help.

This could be caring for a relative, partner, child or friend who is ill, frail, disabled or who has mental health or substance misuse problems.

....The name doesn't really matter - but getting the best information, help and support (including short breaks), at an early stage, does.



Chair's Introduction

Writing this on a beautiful sunny July day, I feel very positive about all that has been achieved for Crossroads Care Cambridgeshire in a changing NHS and Social Services environment. Today's difficult economic and challenging times continue to have such an impact on family carers, who are often unnoticed or insufficiently acknowledged by the professional bodies.

As a Board, we are supporting our CEO, Helen Brown, and her senior management team, to introduce many new and bespoke services to enable family carers across Cambridgeshire and Peterborough to achieve the best quality of life as they care for loved ones.

In the last year, we have welcomed four new Board members: Pru Sanchez, Ronald Morton, Adam Rowles and Anne Davis. Pru and Ronald have retired and we thank them for their contributions. Adam and Anne have brought financial, charitable and business expertise and a modern, young, feel to the Board. Thank you to everyone on the Board for their hard work and support for me and for family carers throughout the year.

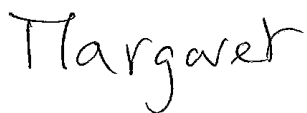
With the ever-increasing effectiveness of the Board, Helen has been able to develop Carers Trust – and we congratulate her on being appointed as one of only two Eastern region representatives on the England Committee, and on her appointment to the UK Partnership Forum and the Policy Group. This will enable her to make a real contribution to national policy and Carers Trust.

The appointment of Melanie Gray as Chief Operating Officer, and the development of a strong senior management team, and new terms and conditions for all staff, has enabled Helen to lead a respected and successful business. Thank you Helen for all you have achieved over the last year, working many long hours on all the new initiatives and achieving commissions and contracts for our services from many different organisations.

An exciting highlight for me was the setting up of the Carers Support Project at Addenbrooke's Hospital which has already helped over 400 "high risk" family carers. Thanks to this project, family carers in need are getting prompt and expert support and advice. See page 7 for more details.

Earlier this year I met the Princess Royal in her role as President of Carers Trust and saw first hand her knowledge and support of family carers. I was most impressed with the work that she is doing.

I look forward to us becoming Carers Trust Cambridgeshire in the autumn.



Margaret Pearce Higgins, Chair of Trustees



Crossroads Care Cambridgeshire Board of Trustees

Margaret Pearce Higgins - Chair
Linda Collumbell
Peter Menczer
Richard van der Hart

Ann Braithwaite - Company Secretary
Anne Davis - Treasurer
Maryan Pye
Adam Rowles



Vision

Our vision is of a world where the role and contribution of unpaid family carers and young carers is recognised and they have access to the quality support and services they need to live their own lives.

Mission - what we do to make this happen

Provide services that respond to the needs of family carers, young carers and the people they support, offering them peace of mind and understanding; **and** work with them and other stakeholders to influence service innovation and growth.

Strategic Aims - how we intend to achieve our Mission

- Raise the profile of family carers and the caring role
- Influence society to improve family carers' lives
- Work with family carers and local partners to develop strong networks
- Support the growth and development of solutions for family carers, especially preventative and early intervention services.

Values - our shared beliefs, to create our culture and meet our Aims

- **Continuously improving**

The best we can be – high standards in all that we do.

- **Aspirational and Innovative**

Together we can change lives for the better for all family carers in the UK.

- **Caring**

All family carers, young carers and people with care needs feel recognised, valued and supported.

Passionate about changing lives because people are at the centre of everything we do.

- **Listening**

Together we work with all family carers and enable them to find their voice, exercise their choice and regain control.

- **Collaborative**

We actively seek collaboration and partnership with other organisations. We work with local organisations, which have unique expertise, connections and experience. Doing so increases our effectiveness and efficiency, enabling us to better support all family carers.

- **Integrity**

We trust, respect and value each other

We are good people to do business with.



The Need

Who uses our services?



Unpaid and informal family carers and young carers perform a unique role in our society. At some point, most of us are likely to start caring or supporting someone close to us due to illness or age-related issues. Overnight, carers' lives can become much more difficult and complex - and their own health can be overlooked or put at risk through no choice of their own.

78,000 carers in our NHS area - that's 70 new carers every day

Our services benefit people of all ages with care needs as well as their carers living in Cambridgeshire, Peterborough and the surrounding area.

Across the UK, there are around seven million carers. According to the 2011 census, our NHS area has 78,000 carers - up nearly 20 per cent in the last 10 years. Every year, a third become (or cease being) carers: that's 26,000 people per year, equivalent to 70 new carers every day.

Our new services have focussed on identifying these new or "hidden" family carers and getting them information and support at an early stage. Research shows that the health benefits from this support are highest when carers are identified in their first year of caring.

Effect of caring on Young Carers (YCs)

According to the Office of National Statistics, 244,000 young people under 19 are carers – and about 23,000 are under nine years old.

Hidden from View, a 2013 report from the Children's Society, says that in England:

- 1 in 12 young carers spends 15-plus hours a week looking after a parent or sibling
- 1 in 20 misses school and are 50 per cent more likely to have special educational needs or an illness
- Young Carers have "significantly lower" educational attainment at GCSE level (nine grades lower overall) than their peers
- Young Carers are more likely than the national average to be "not in education, employment or training" between the ages of 16 and 19.

Watch this: a short, powerful Channel 4 news clip of one of the families we support can be viewed on our website or at <http://www.channel4.com/news/young-carers-prospects-damaged-by-lack-of-support-video>.



Carers face many associated issues including poverty, isolation, ill health, depression and loss of employment opportunities.



Helen's Highlights of the Year

April 2012: Launch of Axiom Crossroads Care, our joint venture with Axiom Housing Association. Dame Philippa Russell (Chair of the Standing Committee on Carers) was our keynote speaker and heralded us as "ground-breaking". Meeting her, a lifelong carer and so knowledgeable about everything and passionate about the need for integrated family-centred support, was a real highlight.

June: We win the Charity Awards 2012 for Effectiveness at the glittering Grosvenor House. John Inverdale, the BBC Wimbledon anchor man, was the host. Lots of celebs and luminaries! So great to share this amazing night with family carers Christine Walker and Joan Bennett representing Cambridgeshire County Council/NHS Cambridgeshire.



Carers Week: Meeting family carers, raising awareness and helping influence services. Minister for Care, Paul Burstow, visits us and a GP practice at St Ives and talks with family carers. He asks for details of our GP and ICER services and mentions us in a response in the House of Commons.

July: Three unannounced inspections from the Care Quality Commission in six weeks for our St Ives and city offices and Axiom Crossroads Care... all fully compliant. Very pleasing to read the reports - and as I write, we have received excellent CQC reports from 2013 inspections too.

September: First ever Carers Trust Conference and AGM. Our new network has lots of great projects and people we can learn from. As an invited presenter, I get to talk about our work, particularly with GPs. Linking with Carers Trust will give Cambridgeshire family carers more opportunities to have a voice.

Talking to family carers and GPs is always a highlight - especially hearing about positive outcomes and experiences, such as at the CATCH Local Commissioning Group meeting, Cambs Carers Conference and the East of England Stroke Forum at Rowley Mile.

October: Our nominee Richard Cross won the Great British Carer Award - East Region. We really appreciate all of the work Richard does in supporting his wife Sheila and other Cambridgeshire carers. He even finds time to volunteer for us! See his story on p9.

Our carers groups user survey is outstanding, maintaining our good record for person centred support and care. See page 11 for more details.

November: Enjoy a Leading with Impact course at The Leadership Trust (our Charity Awards prize), meeting senior people from a variety of industries and changing their views of charities!

February 2013: Recruit Melanie Gray as Chief Operating Officer, to join our great team here!

May: The Care Bill, which proposes greater rights and support to family carers, enters parliament. We commented on the draft bill, as did many carers' organisations including Carers Trust. Once it's approved by the House of Commons and House of Lords, it can become law.

2013: Great to see progress by Cambridgeshire Young Carers Strategy Group and our partnership with Centre 33, to provide support for young carers and improve the lives for young carers locally. We launched a county-wide website and leaflet and have made great strides in increasing awareness and recognition of young carers, locally and nationally. Local public support for them is so appreciated.

Dr Helen Brown, Chief Executive



Creating better pathways to find and help family carers

Integrating health and social care services is essential to help identify and look after carers as well as the people they care for.

Why? The 2013 Carers Week survey showed:

- Eight out of 10 family carers were not aware of the support available because of the time it took to identify themselves as carers
- Seven out of 10 family carers said they were not prepared for all the aspects of caring.

Carer Support Project at Addenbrooke's

Stressed and tired family carers of chronically ill patients are getting information and support thanks to a pilot scheme at Addenbrooke's Hospital.



*Caroline Porter, Carer Support Officer
based at Addenbrooke's Hospital*

The Carer Support project began in Cambridge in May 2012. One year on, it has helped well over 400 "high risk" family carers who may not have otherwise coped after their family members, (mostly Alzheimer's, cancer, heart and stroke patients or frail and elderly people) were discharged. Family carers now get prompt expert support and advice - helping them manage better and prevent their loved ones from returning to hospital. Only a fifth of carers had received a Carers Assessment when we first met them and less than 1 in 12 had an emergency plan in place. A follow up survey after 8 weeks showed that 98% of carers felt their health and wellbeing had been supported and 42% had accessed some additional support as a result of the service.

Nurses and Discharge teams are supported to refer family carers. And, as a result, it has saved Addenbrooke's Hospital an estimated £177,000 in readmission costs.

Carer Services Prescription

Our innovative Carer Services Prescription, delivered through NHS Cambridgeshire, has gone from strength to strength in the last year.

The scheme, which aims to improve carer recognition, and offers information or a break for family carers of any age, was recognised at The Charity Awards 2012 when we collected the Effectiveness Award. It is now supported by all 78 GP practices in Cambridgeshire and has been adopted in many other areas of the UK.



Over the last 12 months, over 450 prescriptions were issued by 74 practices. Most carers getting prescriptions had not received any other support and reaching these people in need was one of our aims. They went on to use other local sources of help. Dementia, lung and heart conditions were the most common conditions of the people with care needs.

We supported 18 flu clinics, arranged training for clinical and non-clinical staff, supported Patient Participation Groups and offered drop-in sessions for information.

ICER - the Carers Emergency service

Some 2,400 carers are now registered for the ICER scheme, which is funded by Cambridgeshire County Council. The scheme offers free support at home for 48 hours in case of a carer emergency - providing reassurance to carers and their families and practical support within two hours of an emergency.



Our Year...

How's the last 12 months been for you? We asked new Crossroads' employee **Maria Best** and award-winning family carer and Crossroads volunteer **Richard Cross** to look back at their diaries for a personal review.



Maria's Story...

Carer Support Worker, Huntingdon area

Joined Crossroads Care Cambridgeshire February 2013

"This time last year I was at rock bottom but 12 months on, I have a new career that I absolutely love and an amazing team of colleagues. I feel a different person."

December Life's too short to be stuck in a job where I'm always in tears and not wanting to get up in the morning... I need a change.

January Just phoned some agencies to find out about maybe returning to work as a carer. Crossroads Care Cambridgeshire sounded really positive so I'm going to apply.

February Induction at Crossroads all week – love it! Training is intense but I've been out shadowing for a couple of days and really enjoying the work. First day solo... brilliant! Delightful lady as first client and one I will never forget as we worked together nearly every day for months and she trusted me to be a big part of her family. So sad that she passed away later in the year.

April My husband Ray has had a minor stroke. We had been out to eat and he said he felt poorly. Having cared for stroke patients in the past, I recognised some of the warning signs. Drove straight to the hospital. Crossroads have been so supportive – they've come out to see me at home and rearranged cover for my calls telling me not to worry and concentrate on Ray. So lucky... he was back home in just a few days and has made a full recovery.

May Three-month observation at work. I was anxious, but all went well.

July Busy and really getting to know my clients now. I've taken clients shopping, bowling, even visited bronze age settlement Flag Fen. It's immensely rewarding and when clients thank you for looking after them, you just feel really great.



Richard's Story...

Carer to wife Sheila for 22 years

Crossroads volunteer

Vice chair Carers Partnership Board, Cambridgeshire

"Family carers in the UK need much more than they are getting. I'll keep fighting until they get the support and recognition they deserve."



May 2012 Yes! Local planners finally give us the green light to adapt the downstairs of our house in Chatteris and convert our garage to a bathroom for Sheila. It's taken four years to get permission.

October Building work finally begins. Our living area is now a tiny sealed "box" to protect Sheila from the dirt and dust and debris. With disabilities including emphysema and respiratory issues, she needs oxygen day and night. In the past, this time of year is often very tough as she's been hospitalised with serious episodes of pneumonia. Antibiotics keep things at bay.

After being nominated by Crossroads, I've won the Great British Carer Award for the East of England! What an honour.

Christmas Last of the building work. This open plan layout is really going to make a huge difference for Sheila.

February 2013 Feeling out of sorts. Past health issues prompt all sorts of tests. Stressful few months but I have fantastic Crossroads Carer Support Workers and friends who care for Sheila while I am at hospital. Without them I could not leave the house. Meeting and chatting to other people in a similar situation is better than any medicine.

May The 25th anniversary of Sheila and I moving in together in 1988. Neither of us are feeling up to big celebrations. Not even been up to the allotment.

June My aches and pains are lifting at last. It's Carers Week. Arrange extra cover for Sheila as I have invites to events at the Foreign Office and at Portcullis House at Westminster with Norman Lamb, Minister for Social Care. Fantastic. Enjoyed being back in London again – brought back memories of working as an auditor at Conservative Central Office in my younger days.

Sheila and I are off to the Grosvenor Hotel in Park Lane, for the national carer awards dinner for regional finalists. What a wonderful evening. The winner was so deserving and I felt privileged to have been considered.

July: Making jam with fruit freshly-picked from the allotment.



Social groups are "a lifeline"

Hundreds of family carers truly valued our organised carer groups and health and well being events. According to our survey, the breaks - funded by Cambridgeshire County Council for the last three years up until April 2013 - have brought many benefits.

Family carers told us the sessions brought laughter and friendship, as well as a chance to de-stress, recharge their batteries and lift their spirits. Some even described the breaks as a "life-saver" - enabling isolated, trapped and tired family carers to shake-off their caring role for a few hours and do something just for themselves.

"They are a lifeline!" one family carer told us. "Even after a few hours, it's easier to cope and carry on."

Added another: *"They are essential to my sanity and to relieving my stress. These groups are expertly organised and run by dedicated support workers who care."*

The survey showed that 86% of the family carers had no other breaks apart from the ones organised by us for the county council - underlining just how important it is for family carers to have social group options.



Social groups are essential for carers or as shown above, people with care needs

.... for Young Carers too!

We supported about 200 Young Carers through groups, activities and one to one support in Huntingdonshire and Fenland, mostly at weekends and during school holidays. They said:



Quality Matters

Call up to county's quality providers' list

Crossroads Care Cambridgeshire has secured a place on Cambridgeshire County Council's Home and Community Support Providers List. Selectors asked us to provide evidence of various elements including the quality of our governance, risk management, employee training and, of course, satisfied clients.

Reliable information you can trust

All family carers need good, quality information that's easy to read and understand. To keep our information accurate and reliable, we have become one of the first Cambridgeshire organisations to sign up to the Department of Health's Information Standard, which certifies us as a producer of reliable health and social care information.



So when you see the Information Standard quality mark (right) on our information, you can be sure that it has been properly assessed and that the information is clear, accurate, impartial, evidence-based and up to standard. This includes our Annual Report and regular newsletters.

Better Terms & Conditions for our employees

Recruiting top staff is essential to our goal of providing quality care and support to family carers across the county.

We want to attract the best people, so the rewards we offer to our 150-strong workforce have been reviewed and improved this year. Despite projecting a loss, we increased employees' pay.

Our review looked at everything from pay and pensions to holidays and sick pay. We checked our employee package against 40 other employers, including private care companies and voluntary sector organisations, and then adjusted our offer to keep it competitive and balanced.

"We are confident that we remain among the very best employers in our sector," says Crossroads Care Cambridgeshire's Chief Executive Helen Brown. "We are keen to recruit people wanting a rewarding career, helping others. Being the right person is much more important than experience which, as an investor in training, we can give people."

User survey: carers tell us how we did

Every year, we ask our clients to rate our service and feedback their comments. Listening to what they have to say - good and bad - is key to helping us improve and keeping on track to providing the best quality care services possible. About 150 people replied (20%).

This year:

- 100% of respondents said we maintained and respected their privacy
- 97% would recommend our services
- 98% said our services treated them with dignity and respect
- 90% agreed that our care provision was tailored to each person's personal preferences.

Care Quality Commission

Our services for adults are regulated by the Care Quality Commission and reports of their inspections are available on their website <http://www.cqc.org.uk/>. Inspections in May and June 2012 showed us to be fully compliant.



Future Plans

We are confident of our future, in challenging and changing times. Adopting a new name - Carers Trust Cambridgeshire (www.carerstrustcambridgeshire.org) will reinforce our link with Carers Trust, the largest charity for carers in the UK; and offer increased opportunities to bid for grants and give carers a voice locally and nationally.



Specific plans for 2013/14 include:

- Expanding the Carers Services prescription service throughout the NHS Clinical Commissioning Group area.
- Developing *The Better Health Partnership* with other voluntary organisations, to provide holistic and cost effective support for older people.
- Developing a Family Carers Network, in partnership with other organisations and carers, thanks to funding from Awards for All.
- More free opportunities for children with disabilities. A new three-year, £89,000 award from Children in Need will help increase independence and give a voice to young people with disabilities and give them time with their brothers and sisters away from home to develop their relationships.
- Developing projects such as Homeshare, which supports people to live independently at home by sharing their houses with people who can support them; and TLC (Technology Linking Carers) which uses technology to reduce isolation and promote independence.
- More fundraising activities.
- Supporting Axiom Crossroads Care as it expands, including providing care for residents in two extra-care schemes in the county at Chesterton (Willowbank) and Sawston (Bircham House).
- Recruiting more volunteers who will play a big role in our plans to integrate family carers and support in local communities.



Financial Report

Against a backdrop of limited resources and uncertainties over funding, we have done well overall - extending services by making savings and securing extra funds.

Our strategy continues to focus on three main programmes:

- Care Enterprise - our contracted and purchased CQC regulated care services
- Charitable Carers Support activities - including young carers, carers groups and information
- Choice - empowering choices for carers through supporting partnerships and volunteering.

This year, accounts for these programmes are shown individually and as consolidated funds on pages 14 and 15. This helps to make our figures clearer to funders and trusts who often place income restrictions on grant applications. Our income in this respect (excluding Care Enterprise contracts) is under £500,000.

In 2013/14, we budgeted for a deficit but to make significant improvements over 2011/12.

Although Care Enterprise made a loss of £89,000, with no losses in our Charitable Support activities, this compared favourably with the loss of £143,000 in 2011/12. The deficit on general reserve (£49,000) also improved greatly on 2011/12. A large proportion of our deficit was due to inherent problems from the merger with loss-making Crossroads Care (Cambridge City) Ltd on April 1 2011.

Axiom Crossroads Care (see page 6) made a loss in its first period of trading but we expect this venture to start making a profit next year.



How we spend our income

For every £1 of total income, 83p is spent directly on our charitable activities including the costs of our CQC regulated Care Enterprise section and the overheads we need to deliver care and carer breaks. We think this is very comparable with leading charities.

For every £1 raised through donations for charitable activities, 98p is spent directly on charitable activities and can be restricted for specific use. This includes care, support and direct activities such as carers' groups with family carers, young carers and young adult carers.

Thank you for supporting us

We're grateful for donations from a range of organisations, events and individuals and every pound helps! Thank you to:

Anglia Regional Co-operative Society Ltd	Asda Wisbech
BBC Children in Need	Buckden & District Churches
Cambridge Tangent Club	Cambridgeshire Community Foundation
Cambridgeshire County Council	Carers Trust
Cash in the Community	Charities Trust
Chatteris & District Ladies Club	Conservatives Huntingdon
Co-operative Membership Services	Delta Consultants
Ellington Village Club	Fenland District Council
Fenstanton Morris Dancers	Fireworks in Hemingford
GE Birtwistle Memorial Trust	Girton Church
Hullabaloo	Huntingdon Freeman's Trust
Huntingdon Rotary Club	Hunts Group
Inner Wheel	IYSS Transformation Fund
Lely (UK) Ltd	Luminus Group
Mayoress of Ramsey	National Gardens Scheme
Parkinson's Disease Society	Pavilion Playgroup
Peterborough PCT	Prince of Wales Public House, Hilton
Provincial Grand Lodge Charity for Care Relief	Rotary Club of Huntingdon
Sainsbury's Huntingdon	School Food Trust
South Cambridgeshire District Council	St Ivo Masonic Lodge Benevolent Fund
St Neots Tangent Club	The Foundation of Hinchingsbrook School
The Letting Centre	Trinity College Cambridge
Waitrose	West Yorkshire Building Society
Wisbech Sick Poor Charity	Women's Institute Holywell-cum-Needlingworth
Young Lives	

Mr & Mrs Allington	Mr R J Ayres	Mrs H Barnes	Ms A Bell
Mr & Mrs Bellamy	Ms M Blackburn	A Bowers	Dr M Carter
Mrs H A Clarke	Mrs L M Cook	Mr D Cridland	Mr & Mrs Denman
Mr & Mrs Furness	Mr & Mrs J E Garbett	Mrs S Garbett	Mr & Mrs C I George
Mr & Mrs Gilling	Miss A Haigh	Mrs M Jennings	Mr & Mrs B Killburn
Mr & Mrs D King	Mr & Mrs P C King	R W Leveritt	N J MacQuarrie
Mrs D Matthews	Mr & Mrs Miller	Mr B Morris	Mr M Nolan
Mrs A E Owen	Mr & Mrs Peacock	E J Penny	Mrs E Phillips
Mrs E Phillips	Ms J Potter	Mr P Prowse	Mrs R Quien
C Randall	Mr N Root	Mrs Searle	M A Summer
Mr & Mrs Swanson	Mr & Mrs R E Thomas	J Tutt	Mr & Mrs Van-Gelder
Mr & Mrs Waixzel	Mr Waller	Mr P Wardale	Mrs L Wells
Mr A F Westcott	Mr & Mrs Williams	Mr R Wiseman	Mrs J Wright



Crossroads Care Cambridgeshire

Statement of Financial Activities

(incorporating the income and expenditure account)

Year ended 31 March 2013

	Charitable Carer Support Activities 2013			Care Enterprise unrestricted 2013	Interests in joint ventures 2013	Total Consolidated funds 2013	Charitable Carer Support Activities 2012			Care Enterprise unrestricted 2012	Total Consolidated funds 2012
	Unrestricted Funds	Restricted Funds	Total				Unrestricted Funds	Restricted Funds	Total		
	£	£	£	£	£	£	£	£	£	£	£
INCOMING RESOURCES											
From generated funds:											
Donations	15,930	10,083	26,013	-	-	26,013	-	12,764	12,764	14,664	27,428
Fundraising	-	3,539	3,539	25	-	3,564	-	276	276	3,947	4,223
Investment income	-	-	-	12,275	-	12,275	-	-	-	6,877	6,877
From charitable activities:											
Grants receivable	541	33,828	34,369	640,903	-	675,272	700	41,819	42,519	715,050	757,569
Care fees and contracts	286,739	-	286,739	1,221,393	7,871	1,516,003	266,670	-	266,670	1,146,647	1,413,317
Other income	-	487	487	8,228	-	8,715	-	1,450	1,450	19,137	20,587
TOTAL INCOMING RESOURCES	303,210	47,937	351,147	1,882,824	7,871	2,241,842	267,370	56,309	323,679	1,906,322	2,230,001
RESOURCES EXPENDED											
Costs of generating funds	-	311	311	670	-	981	-	-	-	1,810	1,810
Charitable activities	259,062	87,359	346,422	1,948,382	51,593	2,346,396	237,233	79,628	316,861	2,021,363	2,338,224
Governance costs	3,539	785	4,324	23,190	2,413	29,926	3,725	785	4,510	26,559	31,069
Other resources expended	-	-	-	-	-	-	-	-	-	-	-
TOTAL RESOURCES EXPENDED	262,601	88,455	351,056	1,972,242	54,006	2,377,304	240,958	80,413	321,371	2,049,732	2,371,103
Gross outgoing resources from joint ventures					-46,135	-46,135					
NET (OUTGOING)/INCOMING RESOURCES	40,609	-40,518	91	-89,418		-89,327	26,412	-24,104	2,308	-143,410	-141,102
RESERVES BROUGHT FORWARD	26,412	63,776	90,188	593,698		683,886	-	87,880	87,880	737,108	824,988
RESERVES CARRIED FORWARD	67,021	23,258	90,279	504,280		594,559	26,412	63,776	90,188	593,698	683,886

STATEMENT OF TOTAL RECOGNISED GAINS AND LOSSES

There were no recognised gains or losses for 2013 or 2012 other than those included in the Statement of Financial Activities. All incoming and outgoing resources derive from continuing activities.

Crossroads Care Cambridgeshire

Balance Sheet

Accounts Audited by Prentis & Co LLP.
Full Accounts and/or an extensive Trustee
Report are available from our office.

Year ended 31 March 2013

				2013			
	Notes	General £	Restricted £	Total £	Interest in joint ventures £	Total £	2012 £
FIXED ASSETS							
Tangible assets	8	-	23,252	23,252	446	23,698	34,095
Investment in Joint Venture	9	60,900	-	60,900	-46,135	14,765	2,232
		60,900	23,252	84,152	-45,689	38,463	36,327
CURRENT ASSETS							
Debtors	10	355,930	-	355,930	6,030	361,960	299,288
Cash at bank and in hand		606,109	13,171	619,280	22,293	641,573	829,280
		962,039	13,171	975,210	28,323	1,003,533	1,128,568
CREDITORS: amounts falling due within one year	11	452,438	12,365	464,803	14,904	479,707	481,009
NET CURRENT ASSETS		509,601	806	510,407	13,419	523,826	647,559
TOTAL ASSETS LESS CURRENT LIABILITIES		570,501	24,058	594,559	-32,270	562,289	683,886
CREDITORS: amounts due > 1yr					60,000	60,000	
PROVISIONS FOR LIABILITIES		-	-	-	-	-	-
NET ASSETS		£570,501	£24,058	£594,559		£594,559	£683,886
RESERVES							
Unrestricted funds							
Designated	12	820	-	820			5,620
Undesignated	12	569,681	-	569,681			614,490
		570,501	-	570,501			620,110
Restricted funds	13	-	24,058	24,058			63,776
ACCUMULATED RESERVES		£570,501	£24,058	£594,559			£683,886



... the people carers turn to



Telephone

0845 241 0954 or 01480 499090

Email

care@carerstrustcambridgeshire.org

Website

www.carerstrustcambridgeshire.org

Office Hours

Monday-Thursday 9.00am-5pm

Friday 9.00am-4.30pm

Address

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St Ives, Cambridgeshire,
PE27 4LG

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“I wouldn't be able to get out and lead a normal life. The hours I get from Crossroads are very important to me.”



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Ver 1.0 September 2013



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