



# Does your GP surgery care about carers?

## THE CARING ABOUT CARERS AWARD 2013

Do you look after a relative or friend who is sick, disabled, frail or has a problem with alcohol and/or drugs? If yes, then you know how help from your GP and his or her practice team can make all the difference.

The Royal College of General Practitioners (RCGP), in partnership with Carers Trust and Carers UK, is looking to find GPs who provide the best support to unpaid carers.

Nominate your GP or surgery for this special award by writing to us about how they support you in your caring role.

### Remember to include:

- your name, address and telephone number
- your doctor's name and surgery contact details
- how they support you in your caring role.

**The closing date for entries is: 31 July 2013**

### Post your letter to:

Caring about Carers Award 2013  
Royal College of General Practitioners  
Suite 3, Fosse House, East Anton Court  
Icknield Way, Andover, SP10 5RG

### Or you can email:

**[caringaboutcarers@rcgp.org.uk](mailto:caringaboutcarers@rcgp.org.uk)**